

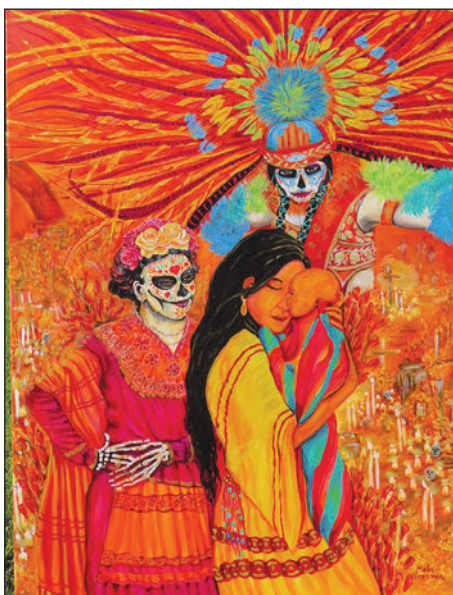


Day Of The Dead Reception At Alliance Friday

The Alliance for the Arts invites the public to its opening reception for *Dia de los Muertos: A Juried Exhibit* on Friday, October 4 from 5 to 7 p.m. The free event features local and regional artists, face painting, craft beer tastings from Millennial Brewing Company and light refreshments from Gina's Tamales & Oaxacan Cuisine. The show will remain on display through November 2.

In many parts of Mexico, South America and the United States, *Dia de los Muertos* (Day of the Dead) is a time to remember and celebrate the lives of friends and family. More about reveling life than remembering death, this unique day encourages people to connect with loved ones while reflecting on the ties that bind the past to present.

Exhibiting artists include Cesar Aguilera, Jacqueline Barr, Mina Bobel, Della Boynton, Eric Brown, Donna Chase, Diane Chernow, Steve Conley, Elodie Cotton, Jan Cox, Meghan Cuthbertson, David Del Rio, Linda Finlan, Melissa Flaughter, Stephanie



Rituals by Della Boynton images provided

Flis, Anne Friedman, Janice Heligman, Bradford Hermann, Mal Hope, Krista Johnson, Jay Lana, Susan Maas, Mariapia Malerba, Spyter Marie, Sonya McCarter, Lourdes Mora-Shay, Julie Obney, Jeff and Dale Ocasio, Nancy Polomski, Cynthia Porter, Tanya Ragbeer, Gregory Read, Sharon Rodgers, Laura Rucoba, Mary Beth Scott, Terry Lynn



Soul Sister II by Melissa Flaughter

Spry, Paul Stackpole, Brandy Stark, Madeline Sugerman, Diana Talavera, Nancy Terrell, Pamela Volz, Roseline Young, Holly Zammerilla and Amanda Zirzow.

Receptions are open to the public and do not require tickets or reservations. While gallery admission is free, a \$5 suggested donation keeps Alliance



Espiritu by Amanda Zirzow

programming affordable and accessible.

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information about this exhibit, visit www.artinlee.org/sugarskulls or call 939-2787.*



Cast members of Finding Neverland

photo provided

Classic Musical On Stage At Broadway Palm

The enchanting Broadway musical *Finding Neverland* soars onto the Broadway Palm Dinner Theatre stage from October 3 through November 16. The winner of www.broadway.com's Audience Choice Award for Best Musical, this breathtaking smash hit is based on the

Academy Award-winning Miramax motion picture by David Magee, and the play *The Man Who Was Peter Pan* by Allan Knee.

Finding Neverland tells the story of how playwright JM Barrie struggles to find inspiration until he meets four young brothers and their beautiful widowed mother. Spellbound by the boys' enchanting make-believe adventures, he sets out to write a play that will astound London theatergoers. With a little bit of pixie dust and a lot of faith, Barrie takes

continued on page 23

Offshore Boat Racing Returns



The Miss Geico racing boat among the field during a previous competition photo provided

International race teams will compete in the finale of the 2019 American Power Boat Association (APBA) Offshore Championship six-race series during Roar Offshore Powerboat Races on Fort Myers Beach from Thursday to Saturday, October 10 to 12.

The races will also serve as the National Championship for Offshore Powerboat Association (OPA). Two leading race sanctioning organizations,

OPA and Powerboat P1, have partnered this season for the inaugural six-race series at venues throughout the United States.

Powerboat P1 CEO Azam Rangoonwala and OPA President Ed "Smitty" Smith both indicated the aim of the new partnership is to strengthen the future of offshore racing in the United States by uniting the race teams in a way that has been missed for a long time,

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Historic Downtown Fort Myers, Then And Now:

Ever-Improving Hotel Kenmore



by Gerri Reaves, PhD

In this circa-1917 photo, two unidentified men on the roof of Hotel Kenmore make some of the many improvements it received during its early years.

As for the photo's date, evidence suggests that the workers are atop the 1917 hotel addition, a concrete-block structure with a brick façade.

The Hotel Kenmore was among Fort Myers's early modern hotels and did a good business for several decades. It was essentially a 'tween-wars establishment, open roughly from the start of World War I to just before the start of World War II.

Location was one of its best assets, for it stood, as it advertised, only a half block from the railroad depot and opposite the courthouse.

Specifically, it was located on Main Street (called Oak Street) directly across from the Lee County Courthouse, the block where Hotel Indigo is now.

Starting in 1904, the Atlantic Coast Line Railroad tracks ran down Monroe Street to the Caloosahatchee, while the packing plant and the passenger and freight depots were on the west side of Monroe.

The Kenmore couldn't have been more convenient for arrivals in need of accommodations. And there were plenty of visitors to house during the boom years of the 19-teens and 1920s.

A hotel had been planned on the property as early as 1908, but did not materialize for a few years.

The wood-frame Hammon Hotel opened on the site in November 1914 with ET Hammon as proprietor.

Under his management, single meals were 35 cents and a 21-meal ticket was \$7. Only a few months later, in February 1915, Hammon sold the property.

Now the land and hotel's early history gets a bit tangled, what with "flipping," as we call it today, frequent improvements and the difficulty of sorting out land versus business ownership – not to mention the murky role of investor.

The upshot is that the hotel ended up in the hands of major developer Peter Tonnelier.

One theory stated more than once in the press is that he moved the wood-frame section of the hotel from the southeast corner of First and Hendry where the First National Bank was constructed in 1914.

That was a late-19th century two-story structure that had a ground-floor general store and a second-floor multi-purpose community center, Phoenix Hall.

In fall 1917, the addition with brick façade went up just in time for the tourist season. It stood center block, west of the existing hotel.



Workers perch atop the roof of the Hotel Kenmore circa 1917, located on Main Street (then Oak) across from the Lee County Courthouse

photo courtesy Bob Clark



Today, Hotel Indigo continues the hotel tradition in the former Kenmore location

photo by Gerri Reaves

The hotel also got a new name, Hotel Kenmore, possibly as some kind of tribute to Michigan, where Tonnelier had lived and made his fortune before coming to Fort Myers.

Eventually, there was a second-floor balcony along the front of the building and storefronts at street level.

Among the regular advertising phrases in the hotel's early years were "just like home," "cleanest rooms and best beds in Fort Myers," and "everything new, everything up-to-date."

It ran on both the American and European plans and offered rooms with or without baths.

In March 1920, the "new" Kenmore announced a new annex with baths with – imagine! – hot and cold water.

In 1924, yet more improvements were made, such as a brightening paint job and swinging transom windows for better ventilation – an excellent idea in that pre-air-conditioning era.

Four years later, it was completely renovated, with new furniture in all rooms.

Fast-forward to May 1939... demolition of the hotel began. It was said to be a victim of age and termites. The city had already condemned the lobby the previous year.

A newer concrete-block structure on the block was left standing, occupied by a cigar factory.

As is typical following a hotel demolition, various items were sold via classified ads, including 700 octagonal stepping stones, which sold like hotcakes, as well as windows, doors, plate glass and skylights.

Some lumber was salvaged to build beach cottages.

So, somewhere in Fort Myers there might be remnants of that historic hotel.

In her popular *The News-Press* column, *Local Low Downs*, Margaret Mickle wrote of the Kenmore's demise, "First thing we know we're not gonna have any local landmarks left..."

Walk down to the county courthouse and look across Main Street to the site of

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Accounting
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Reporters
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From left, Collin Yates as Lucky, Shannon Conboy as Ruby, Sami Doherty as Joan and AJ Foggiano as Lucky photos provided

Tap-Happy Musical At Off Broadway Palm

The Off Broadway Palm Theatre presents *Dames At Sea* playing through Saturday, November 2. This long-running Off Broadway production that brought stardom to Bernadette Peters is a campy show based on the nostalgia of Hollywood musicals of the 1930s.

Dames at Sea is a tap dance-filled musical parody of the golden era of Hollywood musicals. Ruby heads to New York to become the next Broadway star,

but after landing a job in the chorus, her dreams are almost shattered when the theatre is set for demolition. With the help of two sailors, the show is moved to their ship and, when the leading lady becomes sick, Ruby has the chance to jump in and save the day. Hear *Broadway Baby*, *Choo-Choo Honeymoon*, *Dames at Sea* and more.

Directing *Dames at Sea* is Off Broadway Palm's Artistic Director Paul Bernier, and choreography is by Amy Marie McCleary. The cast includes Broadway Palm favorites Sami Doherty as Joan, Amy Marie McCleary as Mona and Victor Legarreta as Hennessey/Captain. Also in the performance are Shannon



Victor Legarreta as Captain and Amy Marie McCleary as Mona Kent

Conboy, AJ Foggiano and Collin Yates. The Off Broadway Palm, located at 1380 Colonial Boulevard in Fort Myers, is an intimate 100-seat theatre, located in the main lobby of Broadway Palm. Performances are Wednesday through

Sunday evenings with selected matinees. Ticket prices range from \$42 to \$62 with group discounts available for parties of 20 or more. Tickets can be reserved by calling 278-4422, visiting www.broadwaypalm.com or in person.✱

Cops & Joggers 5K Fundraiser



Nighttime runners at a previous Cops & Joggers 5K race

photo provided

The 12th annual Fort Myers Police Department (FMPD) Cops & Joggers 5K race will run along and over the Caloosahatchee on Saturday, October 12 beginning at 7:45 p.m. Festivities begin at the corner of Hendry Street and Edwards Drive at 5 p.m. with law enforcement displays, food vendors, a children's play area with bounce house, slides and other activities.

The nighttime course will be illuminated with red and blue lights from police cruisers, motorcycles and firetrucks as FMPD celebrates the annual event and Family Fun Night. It starts with a motorcycle escort leading the way for runners, joggers and

walkers.

Participants can register at www.ftmyerstrackclub.com with entry fees ranging from \$15 for youth under age 17 and \$25 for adults who register by October 10. Registrations will also be taken on site the day of the race.

The Cops & Joggers 5K is officially sanctioned by the Fort Myers Track Club and presented by the Fort Myers Police Department. All proceeds will benefit the Fort Myers Police Department Fallen Officer Memorial Foundation and the Brotherhood Ride.

For more information, email Mary Ellen Hughes at mhughes@fmpolice.com or call 246-4382.✱

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Estates To Host Orchid Sale And Symposium

Edison and Ford Winter Estates is partnering with the Southwest Florida Orchid Society for the inaugural Orchid Sale and Symposium on Saturday, October 12 and Sunday, October 13 from 9 a.m. to 5 p.m. Experts will give free seminars on growing and caring for orchids. Several orchid vendors from around the state will have exotic and Florida native orchids for sale.

The seminar schedule on Saturday, October 12 includes:

- 10 a.m. – Orchid Basics (John Hampton)
- 11 a.m. – Which orchids should I grow in Florida (John Hampton)
- 1 p.m. – Orchid Mounting Demonstration (Gary Murza)
- 2 p.m. – Orchid Pests Overview (Gary Murza)

The seminar schedule on Sunday, October 13 includes:

- 11 a.m. – Basics of Repotting (John Hampton)
- 1 p.m. – Orchids in the Landscape at Edison Ford (Debbie Hughes)
- 2 p.m. – Which Orchids should I grow in Florida (John Hampton)
- 3 p.m. – Air Plant Artistry (Betty Ann Prevatt)

Participating vendors include Blue Pagoda, Evolution Orchids, Sunland Orchids, Red Hawk Orchids, Orchids



Debbie Hughes, horticulture director at the estates photo provided

Amour and Tropiflora. Orchids and many other types of plants will also be available in the Edison Garden Shoppe.

Orchids have a long history in Florida and at the Estates. Orchids were Mina Edison's favorite flowers, and she attached them to trees on her Fort Myers property, just as they grew wild in the Everglades. Today, that tradition continues and visitors can see many types of orchids growing from

the trees all around the site. Orchids thrive growing under tree canopies, as they receive just the right amount of light and rain water. Throughout the site, there is usually an orchid blooming every day, all year long.

Horticulture expert Henry Nehrling and botanist John Kunkel Small visited Thomas and Mina Edison and gave them gifts of orchids. Nehrling himself spoke to the Florida Federation of Garden Clubs in 1929, and stated, "I am to report the epiphytic plants (orchids, bromeliads and ferns) were growing with exceptional vigor throughout the (Edison's) property."

"Collecting and growing orchids is a wonderful hobby that gives pleasure to snowbirds, long-time residents and those new to the area," said Debbie Hughes, horticulture director. "Orchids like heat and humidity, so here in Southwest Florida, we have the perfect climate for them."

A limited number of carts will be available, so guests are encouraged to bring a cart or wagon for transporting plants. A designated plant holding tent and loading spot will be offered for anyone needing assistance.

Parking and admission to the event is free (tours of the homes, museum and lab are not included). Food vendors will also be on site. For more information, call 334-7419 or visit www.edisonford.org.

Artist Applications Sought For Local Fringe Festival

The Alliance for the Arts, in partnership with the Broadway Palm Dinner Theatre, will present the inaugural Fringe Fort Myers Festival April 22 through 26, 2020. Festival tickets go on sale in January.

Fringe Fort Myers is the newest Fringe theatre festival in the United States and maintains long-standing Fringe traditions of being 100 percent uncensored, 100 percent unjuried and 100 percent inclusive. Even better, 100 percent of ticket sales go directly to the artists.

Fringe Fort Myers invites emerging and experienced artists in all disciplines

to apply. Categories include, but are not limited to, theater, dance, magic, film, music, stand-up comedy, puppetry, performance art and more. Whether you are an accomplished singer, hilarious clown, emotive mime, or just want to stand up in front of a bunch of people with complaints about the weather, Fringe Fort Myers is your perfect venue.

Artist applications must be submitted no later than Friday, November 15 at 5 p.m. The selection process occurs via a November 22 lottery, where all applications are placed in a hat and the lucky ones pulled from the hat that night get into the festival.

Fringe Fort Myers kicks off on April 22 with the fun and frenetic Teaser Show, a great opportunity for audiences to learn what the shows in the festival are about. Each performance group gets two minutes to sell their show to the audience, and how they do it is up to them (as long as they don't go over two minutes).

From April 23 to 26, there will be 48 performances on four different stages at the Alliance for the Arts and Broadway Palm Dinner Theatre. After the final curtain, Fringe Fort Myers will host the first Fringe awards ceremony celebrating the artists that make Fringe an incredible experience. Florida Rep Education will also offer Kids Fringe, which will operate a family-friendly festival within Fringe Fort Myers.

"Fringe offers an incredible diversity of high quality work with the goal of being as affordable and accessible as possible to all members of the community," said Bill Taylor, producing artistic director of Theatre Conspiracy at the Alliance for the Arts. "This event will enhance our area both culturally and economically."

Artists applying to Fringe Fort Myers are encouraged to hit the Florida fringe trifecta. Tampa International Fringe runs April 30 through May 10, 2020, with Orlando International Fringe running May 12 through May 25, 2020.

Sponsorship opportunities are available by contacting Jessica Wisdom at jessica@artinlee.org.

For more information, artist applications or sponsorships, call 939-2787 or visit www.artinlee.org/fringe.

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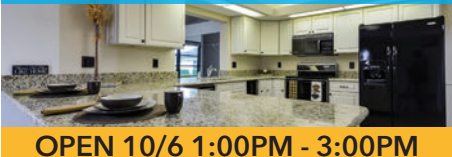
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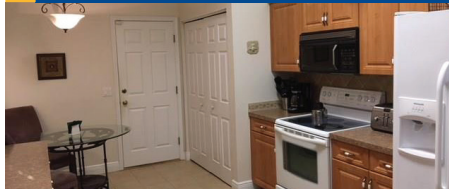
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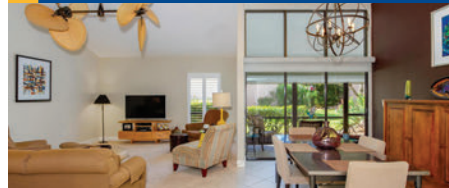
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Fort Myers Art:

Play Celebrates Life Of Female County Singer



by Tom Hall

Always... *Patsy Cline* recently opened in the Florida Repertory Theatre ArtStage Studio Theatre with four nearly-sold-out discounted preview performances and

the formal opening on September 27. The run is extended to November 24 due to overwhelming demand.

This heartfelt and compelling true story celebrates the most popular female country singer in recording history and is told through the eyes of her biggest fan and unlikely best friend, Louise Seger. Patsy Cline's legendary voice and rise to stardom took America by storm, and from her early performances in dusty Texas honky-tonks to sell-out concerts at the Grand Ole Opry, Patsy's music left an indelible mark on country music and American culture. This musical tribute features all of her most beloved songs, including *Walkin' After Midnight*, *I Fall To Pieces*, the number one Jukebox hit of all time, *Crazy*, and many more!

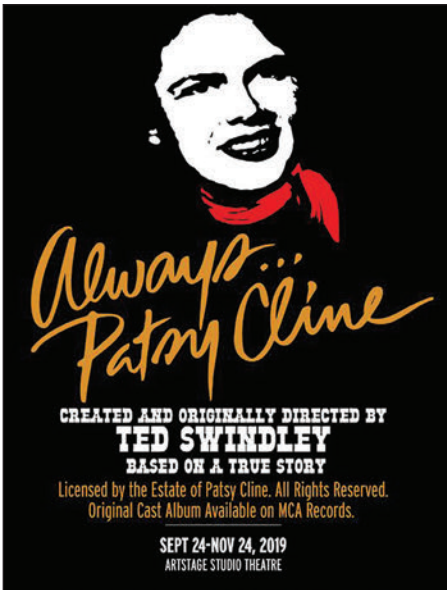


image courtesy www.artswfl.com

Said Florida Rep Artistic Director Greg Longenhagen: "This musical premiered Off-Broadway over 30 years ago, and it remains one of the most popular and most beloved – not only because it's packed with all of Patsy's greatest hits, but because it is filled with humor, hope and is a love letter to the power of friendship. We've also assembled an all-star cast, including one of the original cast members, Becky Barta, who's performed both roles extensively across the country since its original New York run. You are in for a treat...if you can get a ticket."

Always... Patsy Cline stars Barta

as Louise Seger and Bethany Gwen Perkins as Patsy Cline. Both New York actors have a history with the musical. Perkins reprises her role after a recent appearance at The Depot Theatre in Ithaca, New York, and Barta's appearance at Florida Rep marks her 30th production of the musical. Barta has played both Patsy and Louise in productions across the country since her appearance in the original Off-Broadway production.

Florida Rep Ensemble Member Maureen Heffernan directs the production after recently helping Florida Rep's *The Miracle Worker*, *Sylvia* and others. Heffernan is joined by Musical Director Alex Shields (*Cabaret*), Set Designer Tim Billman (*Too Marvelous For Words*), Costume Designer Kristina Tollefson (Florida Rep debut), Lighting Designer Anne Carncross (Florida Rep debut), Sound Designer Katie Lowe (*Million Dollar Quartet*) and ensemble Stage Manager Amy Massari (*Native Gardens*).

Created and originally directed by Ted Swindley, *Always... Patsy Cline* is generously sponsored by Sam Galloway Ford Lincoln, Kearns Restaurant Group, Alexandra Bremner, and Martin and Mary Ann McLaughlin.

Performances are Tuesday through Thursday at 7 p.m., Friday and Saturday at 8 p.m. and 2 p.m. matinees on Thursday, Saturday and Sunday.

The Florida Repertory Theatre is located at 2267 First Street in

downtown Fort Myers. Tickets are available online at www.floridarep.org and through the box office at 332-4488.

Non-Traditional Art Show Set For December Run

Each year, the Alliance for the Arts invites 100 members to submit two original 2D or 3D artworks for exhibition in the gallery beginning with the onset of the holiday shopping season. Called Off The Wall, this non-traditional art show features works in all mediums priced at \$200 or less. All sales are "cash and carry," meaning purchasers will get to take the piece with them when they buy it, rather than waiting until the end of the exhibit.

Make supporting local arts tops on your list this year by giving a gift that gives back. Make plans to do your Christmas shopping at the Alliance for the Arts this year... betcha there's 100 member-artists who would be delighted to have their art under your tree.

This year's show runs from December 6 through December 28. The opening reception is scheduled for 5 to 7 p.m. on Friday, December 6. For more information, visit www.artinlee.org or call 939-2787.

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.**

Rotary Club Dictionary Day



Students look over their new dictionaries

photo provided

Every third-grade student in the School District of Lee County is getting a free dictionary on Friday, October 4. The Rotary Clubs of Lee County are once again generously supporting the district schools.

The goal of The Dictionary Project is to assist all third grade students to complete the school year as good writers, active readers and creative thinkers. A dictionary is a powerful reference tool that every child should own. Its usefulness goes

beyond spellings, pronunciations and definitions. It is also a companion for solving problems in their reading, writing, and creative thinking abilities.

Since 1999, Lee County Rotarians have distributed more than 160,000 English and Spanish dictionaries at a cost in excess of \$300,000

For more information, contact Rob Spicker, assistant director of media relations and public information for the district, at 461-8420 or news@leeschools.net.*



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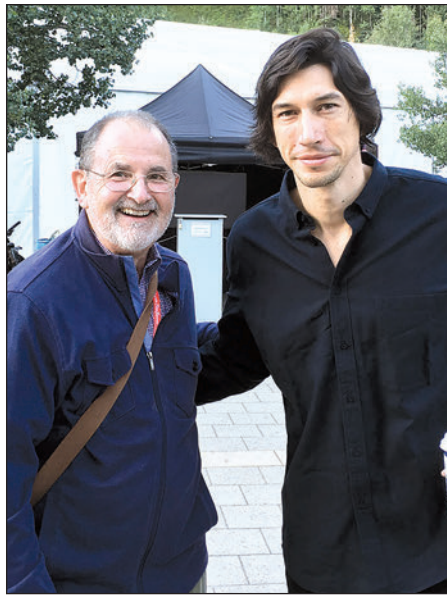
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BIG ARTS Ethics In Film Series Lineup

by Di Saggau

The BIG ARTS Film Society is gearing up for another spectacular season. It kicks off with the Ethics in Film Series beginning Wednesday, October 16 at Island Cinema. Screenings begin at 12:30 p.m. followed by a discussion. Sanibel resident Dr. Ronald M. Green, professor emeritus of religion at Dartmouth College and an expert on ethics, will introduce and moderate the films. Green has loved films all his life. This year, he and his wife, Mary Jean, attended their 24th annual Telluride Film Festival. When he texted this picture from the festival – taken with *Star Wars* actor Adam Driver – to his family, his daughter-in-law replied, “Your grandson is jealous. Grandad met Kylo Ren!”

I asked Green how he goes about selecting films for the ethics series, and is it a difficult job? He said, “Selecting films for the series is challenging. This is because my aim is to choose films that provoke ethical debate and discussion, films in which what is right and wrong is not clear. This reflects my background as a teacher of ethics, since I always tried to get students to state and defend their own point of view on the question at issue. I note that almost all films exhibit ethics. Think of the *Star Wars* series with their clear battles between good and evil. But only a relative few films force us to ask,



Dr. Ronald M. Green and Adam Driver
photo provided

‘Did the leading characters do the right thing?’ Those are the films I try to find for this series.”

Green enjoys the discussion with movie fans. “Films must not only raise questions but be interesting in their own right. Once the film is screened, it’s important to have an open discussion that respects everyone’s viewpoints, even when those viewpoints are quite different. I love returning to my professorial role in moderating those discussions.”

The first film, on October 16, is *Sicario*. Green said, “I’m a bit anxious



image provided

about this film for several reasons. For one thing, unlike all the others this year, this film has some violent scenes. For another, though set in 2011, it can mistakenly be taken as an account of the border today, and I don’t want to get into that controversy. I chose it, though, because it raises one of the sharpest of ethical questions: Does fighting evil permit one to do evil things? Specifically, does violent criminality or terrorism ever justify a descent into lawless anti-terror

behavior?”

I asked what he wants his audience to learn from the series and he said, “I used to tell my undergraduate students that ethical discussion is one of the most basic features of humanity. I would say, ‘Even when we dwelled in caves, there was vigorous discussion of how to fairly divide up the day’s catch.’ I hope the audience will enjoy participating in ethical debate about really important issues, as these are brought to us by outstanding films.”

The remaining films in the series and some of the questions for discussion are:

The Children Act on October 23. Did a judge’s ruling contribute to the film’s sad conclusion?

I’ve Loved You So Long on October 30. Was a woman justly incarcerated for 15 years and were others right in condemning her?

In The Fade on November 6. Did a German wife do the right thing at the film’s end?

Tickets are \$7 and available at the BIG ARTS box office, located at 2244 Periwinkle Way, Suite 8. You can also purchase online at www.bigarts.org, or on the day of the film at Island Cinema, located at 535 Tarpon Bay Road in Bailey’s Center. Following this series is the Critically Acclaimed Documentary Series beginning November 13, also at Island Cinema. The popular Monday Night Film Series begins November 4. Watch for more information on all the upcoming film series in future issues of *The River Weekly News*.✧



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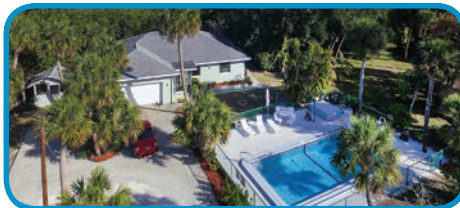
Locations In
Sanibel and Captiva

2400 Palm Ridge Rd.
Sanibel, FL 33957

11508 Andy Rosse Ln.
Captiva, FL 33924

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www.SanibelCaptivaRealEstateGuide.com

836 Donax Street



This 3 BR/2 BA family home overlooks the Sanibel River and allows for weekly rentals. Living room, dining and kitchen combo have French door access to the screened back porch with lush vegetation. Community pool; easy walking distance to beach access.

\$575,000

4156 West Gulf Drive



This 3BR/2BA has been updated with cathedral ceilings, an inviting kitchen and dining/living room combo. The master bedroom with en-suite has private access to the rear porch. The beautifully designed guest bath includes an etched glass enclosed walk-in shower. Relax on the large rear porch or play a game of tennis or pickleball on your private court.

\$1,329,000

Seashells of Sanibel #36



2-BD/2-BA second floor unit! Great rental income with 3-day minimum rentals! Conveniently located and just a short walk from the beach, this complex is an ideal West Gulf Drive location.

\$380,000

678 Durion Court



Beautifully remodeled... 3BD/2BA lake home. Located in East Rocks. Living/kitchen area boast beautiful lake views. New stainless appliances, freshly painted, new baths, and more! Priced to sell.

\$699,900

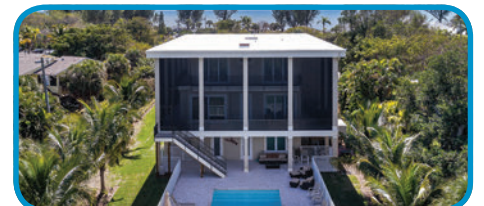
Sandalfont #3C1



Beautiful 2 BR/2 BA unit with walk-out to the pool and beach. Updated, the kitchen features custom cabinetry, granite counter tops and stainless steel appliances, both bathrooms have been remodeled and the unit has an open floor plan.

\$674,000

4014 West Gulf Drive



Brand new custom home across from beach access. 4 BR/3BA home, large acre+ lot. Impact glass, glassed elevator, gourmet kitchen, gas cook top and stainless appliances. All rooms access screen enclosed decks, native vegetation, oversized salt water pool. Gulf view, an exceptional home!

\$3,699,000

Along The River

There will be an **exhibit opening** in the Edison Caretaker's House at **Edison and Ford Winter Estates**, located at 2350 McGregor Boulevard in Fort Myers, this Friday, October 4 at 6 p.m. DC vs. AC: Edison, Tesla, Westinghouse, and the Race to Electrify America explores the differences and similarities of the genius inventors, as well as the differences between alternating and direct current. Chief curator Brent Newman will give a gallery talk on these relationships in the context of 19th century history and science.

Exhibit opening attendees will receive a complimentary glass of beer or Champagne. Light hors d'oeuvres will be provided and a pianist will play period music. A cash bar will be available. Cost is free for Edison Ford members; \$10 for non-members, which does not include admission to the museum, laboratory or tours of the homes.

Take a **nature walk** with a bird patrol guide at **Lakes Regional Park** on Saturday, October 5 at 8 a.m.

This tour, which is free with paid parking, is provided in cooperation with Lee County Parks and Recreation.

Meet at Shelter A7. After entering the Lakes Park gate from Gladiolus Drive, turn right and drive to the end of the road, continuing through the parking lot. Shelter A7 is located near the train station.

Lakes Regional Park is located at



A local drag entertainer at a previous SWFL Pride Festival photo courtesy Jason Boeckman

7330 Gladiolus Drive in Fort Myers. For more information, visit www.birdpatrol.org or call 533-7580 or 533-7576.

The River District Alliance will host **Art Walk in downtown Fort Myers** this Friday, October 4 from 6 to 10 p.m. and Saturday, October 5 from 11 a.m. to 4 p.m.

Fourteen gallery owners invite

visitors and residents to meet the artists and view live art demonstrations and exhibitions along the river district.

For more information, visit www.fortmyersriverdistrictalliance.com.

Fort Myers Brewing Company is hosting its 7th annual **Oktoberfest** this weekend through Sunday, October 6. The four-day, family-friendly event includes craft beer, German food, live music and a Wiener Dog Race, a first for the popular brewery.

Ten different food trucks will be serving their specialty dishes and foodie features, and six local bands and musicians are scheduled to entertain the crowd. On October 5, Fort Myers Brewing will feature more than 50 craft beers on tap, rolling out new brews periodically throughout the day. The brewery will also host several Stein Hoisting Competitions, a traditional Bavarian endurance contest in which participants must hold a full stein in their outstretched arm as long as possible without spilling any beer.

On October 6, Fort Myers Brewing will host its inaugural Wiener Dog Race where dachshunds will race to the finish line for a prize. Dogs of all breeds can compete in a Fun Run immediately after the Wiener Dog Race.

Fort Myers Brewing Company is located at 12811 Commerce Lakes Drive, Suite 28, in Fort Myers. For more information or a schedule of events, visit Facebook.com/fmbrew, www.fmbrew.com or call 313-6576.

Pride-SWFL celebrates its 11th annual **SWFL Pride Festival** at the **Alliance for the Arts** on Saturday, October 5 from 11:30 a.m. to 5:30 p.m. This event is inclusive and open to the public.

SWFL Pride is an outdoor family-friendly event that includes live entertainment, food and drinks, and activities for all ages. The annual event was launched in 2009 as a celebration

for Southwest Florida's lesbian, gay, bisexual, and transgender (LGBT) community and allies.

Admission is a \$5 donation at the door. Limited tickets for the VIP tent are available for purchase online. Bring a chair or blanket for the entertainment. Coolers or pets are not permitted; service animals are permitted. Parking is free and available onsite.

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more event information, visit www.prideswfl.com.

The Caloosahatchee Marching and Chowder Society will be hosting its 54th annual **Summerset Sailing Regatta** in the waters off **Fort Myers Beach** this Saturday, October 5.

There will be more than 40 sailboats from Naples, Marco Island, Punta Gorda, Tampa as well as Cape Coral and Fort Myers. Traditionally, there are four to five different classes of sailboats that will be involved in a series of buoy races on Saturday.

For more information, visit www.summersetregatta.com or call Allen Fiske, regatta chairman, at 305-720-7494.

The League of Women Voters of Lee County Florida will hold a **free educational program** on The Pursuit of Fairness in Education: Diversity, Equity, and Title IX at **The Collaboratory** on Saturday, October 5 from 9 to 11 a.m.

The Collaboratory is located at 2031 Jackson Street in Fort Myers. To reserve, call 278-1032 or email reservations@lwvlee.org by October 2.*

From page 2

Historic Downtown

a successful early Fort Myers hotel. Imagine arriving at the depot and walking half a block to modern accommodations with private baths with hot and cold water.

Then visit the following research centers to learn more about early Fort Myers hotels.

The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the nonprofit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For more information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Visit the IMAG History & Science Center at 2000 Cranford Avenue or at www.theimag.org.

Sources: Archives of the Southwest Florida Historical Society, *Fort Myers Press* and *The News-Press*.*

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Lydia Black bartending at Coastal Dayz last year

photo provided

Tips From Brewery Guest Bartender To Aid Alliance

Alliance for the Arts Executive Director Lydia A Black will be serving as guest bartender during a fundraiser at Coastal Dayz Brewery on Thursday, October 10 from 6 to 8 p.m. All tips from the evening will be donated to the Alliance for the Arts, a nonprofit community visual and performing arts center whose mission is to transform lives and improve the community through the arts.

"We are excited to once again partner with Fort Myers' newest local brewery to support our local arts and craft beers," said Black. "Brewing beer is a form of creative and artistic expression, and we see this as a chance to connect artisans with the amazing people who support them and

show love to our talented local makers."

The event comes alongside the announcement of the Alliance for the Arts annual Arts On Tap Fundraiser on November 9. Now in its third year, Arts On Tap is a taste of creativity in the Alliance gallery featuring the craft of local brewers including Coastal Dayz. Additional crafters include Big Blue Brewing, Bury Me Brewing, Brewery, Eight Foot Brewing, Millennial Brewing Company, Momentum Brewhouse, Naples Beach Brewery, Palm City Brewing and Point Ybel Brewing Company.

Arts on Tap is sponsored by Briers CPA, Custom Packaging and Products, Dorsey Law Firm, EnSite, GMAArchitects & Planner, Owen-Ames-Kimball Company, Priority Business Solutions, Megan and Jon Romine, Seminole Casino Hotel and Winged Foot Title.

Coastal Dayz Brewery is located at 2161 McGregor Boulevard in Fort Myers. For more information on the Alliance for the Arts, visit www.artinlee.com.✱

Shredding Event Benefits Project Lifesaver

It's time to clear out all that paper that's no longer needed and is cluttering up files! The Pilot Club of Fort Myers and the Cape Coral Police Department are cooperating in holding a shredding event at the police department on Saturday, October 12 from 9 a.m. and noon.

Individuals will be on hand to help drivers unload their boxes to be shredded; the boxes can be returned if desired. Shredding will occur on site. All proceeds of the event will be donated to the Cape Coral Project Lifesaver Programs and the Pilot Club. Donations of \$5 per box to be shredded are suggested. There should be no binder clips or paper clips attached to paper being shredded. Commercial boxes will not be accepted.

The Project Lifesaver is a partnership of the Cape Coral Police Department and the Pilot Club of Fort Myers. The club is a major source of income to support the program. This is a program where equipment is always in need of replacement due to wear and tear and

advancements in technology. Individuals who tend to wander wear a personalized wristband that emits a tracking signal.

When caregivers notify the Cape Coral Police Department that the person is missing, a search and rescue team responds to the wanderer's area and starts searching with a mobile locator tracking system. Search times have been reduced from hours and days to minutes. A representative of the police department maintains contact with the individuals and personally changes batteries in the bracelet as they are needed.

Sadly, the need for this program will not dwindle with time, but increase due to the growing number of people diagnosed with autism, ASD, Alzheimer's disease, and dementia so the need for additional equipment will continue to increase. The families of those who fall into one of these categories often do not have the money to purchase the needed equipment so the help provided by the Pilot Club through financial support goes a long way.

The Cape Coral Police Department is located at 1100 Cultural Park Boulevard in Cape Coral. For information about the Pilot Club, contact Fran D'Alessandro at 332-1140 or email at jodyvanc@gmail.com.✱

Middle School 30th Anniversary



Trafalgar Middle School

photo provided

Trafalgar Middle School in Cape Coral is celebrating its 30th anniversary on Saturday, October 19. From 1 to 3 p.m., the school will open for all current and former students to walk the campus, see how it has changed and visit with their former teachers. All current and former teachers, students and staff are invited to attend.

"We will be celebrating the history of TMS," said Principal Dr. Michael Galbreath. "We will also have the

opportunity to spend time together catching up and reminiscing about our past 30 years of excellence."

The anniversary celebration begins with a luncheon for current and former staff members. After lunch the staff will be treated to a special presentation on the 30 years of Trafalgar Middle School.

Trafalgar Middle School is located at 2120 Trafalgar Parkway in Cape Coral. Please RSVP to news@leeschools.net. For questions, contact Kathy Cook at kathyec@leeschools.net.✱

FARMERS MARKETS

Sonibel Island
SUNDAYS
 8am-1pm | City Hall

Lakes Park
WEDNESDAYS
 9am-1pm | Gladiolus

River District
THURSDAYS
 9am-1pm | Centennial Park

Coconut Point
THURSDAYS
 9am-1pm | Coconut Point Mall

Bonita Springs
SATURDAYS
 8am-Noon | The Promenade Mall

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OBITUARY



JOHN “JACK” LUKE

In the wee hours of the morning on Wednesday September 18, 2019, John “Jack” Luke was united in heaven with his parents, Leon and Jeanette Kosinski Luke, and siblings, Florence McElheron, Elsie Luke and Leon V. Luke.

Jack was born on October 17, 1927 in Mount Clemens, Michigan. His father’s family emigrated from

Russia and started a Polish newspaper in Detroit, where he met Jeanette. He attended Mount Clemens High School. Many who knew Jack did not know that he finished high school in a sanitarium recovering from tuberculosis. Jack attended his revered Michigan State University, earning a bachelor of science degree in genetics. Jack then went on to U of D (University of Detroit) Dental School where he completed a doctorate in dentistry and met Celestine “Cel” Blondell Krumholz, who was studying dental hygiene and would become his wife of 64 years.

His 37-year dental career commenced and ended in East Lansing, Michigan (for many years in partnership with his brother, Leon), where he made a lasting impression on his patients. Patients enjoyed Dr. Jack’s witty humor and smiling face. He would talk about the fact that no one wants to go to the dentist, so he would try to make the experience as pleasant and humorous as possible. There are individuals who grew up in East Lansing that believed that “Squate’ Vous” was actually part of the French language, and those that were children at the time thought that a “Picklepuss” was the name a dentist always called you. Jack was active at St. Thomas Aquinas Catholic parish, as an usher and even chaired the school carnival.

After retiring from dentistry in 1986, Jack and Cel moved to their home on Sanibel Island, Florida. Jack pursued a

second career in real estate sales, which gave him the opportunity to employ his gift for gab and earn some extra spending cash. He often drove around the island in his convertible Corvette, as long as the weather was perfect and it didn’t mess up his hair too much. Jack enjoyed boating and fishing around Sanibel as well as socializing with many friends, especially potluck suppers at St. Isabel Catholic Church. A cold vodka tonic in the swimming pool was a late afternoon favorite after spreading the never-ending pile of wood chips around their beautiful property. In his later years, he made sure to watch all the Michigan State sporting events, and he was the taxi service for Cel’s orchid, bonsai and master gardener activities.

Jack was a sensitive and caring husband, father and grandfather. He is survived by his wife Celestine, his four children, Diana (Steve) Day, John (Beatrice) Luke, James Luke, Richard Luke and two special daughters, Anne Luke and Cristina Luke, who he loved deeply. He is also survived by 10 grandchildren (also known as Picklepuss 1 through 10) Jennifer, Julia, Cassandra, Jaclyn, Nicole, Brody, Jimmy, Casey, Samantha, and last but not least, Jessica. Jack was also blessed to have two great grandsons, Justin and Jason. He is also survived by many dear nieces, nephews and in-laws in the McElheron, Luke, English and Bejin families.

Jack’s famous quip’s, “Keep

your Nose Clean,” “So I Took The \$900,000,” his repetitive singing of *Dear Old Girl* and his elite concert whistling talents will be remembered by many. He leaves behind his valuable knick-knack collection, several dark chocolate candy bars hidden in the refrigerator door and his favorite iPad. He was a brilliant man who was forever young at heart, and eager to continually learn. Everyone he met immediately became a treasured friend, and he will be greatly missed by all who knew him. Please celebrate the life of this great man, humble through great success and a legacy of integrity.

A memorial service will be held on Saturday, October 12, 2019 at 11 a.m. at St. Isabel Catholic Church on Sanibel Island. In lieu of flowers, please consider a contribution to either St. Isabel Church, 3559 Sanibel-Captiva Rd., Sanibel, FL 33957; or to the National MS Association at www.nationalmssociety.org.✧

Book Signing
At Lakes Library

Author Frederick Eshelman will hold a book signing for his book *Jacob’s Favorite Brother* at Lakes Regional Library on Thursday, October 10 at 2 p.m.

Lakes Regional Library is located at 15290 Bass Road in Fort Myers.✧

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION
Service 9, and 11 a.m. Children’s RE, Adult Education Forum 10 a.m., www.allfaiths-uc.org, 2756 McGregor Boulevard, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC
Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

ANNUNCIATION GREEK ORTHODOX
Sunday 9 and 10 a.m., www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS
Friday Shabbat at 7 p.m. www.batyam.org, 2050 Periwinkle Way, 579-0296.

BETH YESHUA MESSIANIC SYNAGOGUE
Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE
10 a.m. Sunday and 7 p.m. Tuesday, www.simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.

BREAD OF LIFE MINISTRIES
Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

CHABAD LUBAVITCH ORTHODOX
Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

CHAPEL OF CYPRESS COVE
Sunday 10 a.m., www.revtedalhouse@aol.com 10200 Cypress Cove Circle, 850-3943.

CHURCH OF THE CROSS
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

CONGREGATIONAL
Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.

COVENANT PRESBYTERIAN
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CYPRESS LAKE BAPTIST
Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive,

481-5442.

CYPRESS LAKE PRESBYTERIAN
Sunday 8, 9, 10 and 11 a.m. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.

CYPRESS LAKE UNITED METHODIST
Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH UNITED METHODIST
Sunday 8:45 and 10:30 a.m., 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST
Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.

FIRST CHURCH OF THE NAZARENE
Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.

FIRST UNITED METHODIST CHURCH
Sunday 9:30 a.m. and 5:30 p.m. www.fumcftmyers.org, 2466 First Street, 332-1152.

FORT MYERS CHRISTIAN
Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;
Sunday 10 a.m., 8210 College Parkway, 482-3133.

FIRST PRESBYTERIAN CHURCH OF FORT MYERS
11 a.m. Sunday, www.fpcfortmyers.org, 2438 Second Street, 239-334-2261

IONA-HOPE EPISCOPAL CONGREGATION
Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC
Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.

KINGDOM LIFE
Sunday 10:30 a.m., 2154 McGregor Boulevard, 218-8343.

LAMB OF GOD
Sunday 7:45 and 10 a.m., [\[church.net\]\(http://church.net\), 19691 Cypress View Drive, 267-3525.

NEW BEGINNINGS CENTER
Friday 6:30 and 7 p.m. \[nbcministry@embarqmail.com\]\(http://nbcministry@embarqmail.com\), \[facebook.com/nbcministry\]\(https://facebook.com/nbcministry\), 8505 Jenny Cae Lane, 656-0416.

NEW COVENANT EYES
Monthly 9 a.m., \[www.newcovenanteyes.com\]\(http://www.newcovenanteyes.com\), 1900 Park Meadows Drive, 220-8519.

NEW HOPE BAPTIST
Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

NEW HOPE PRESBYTERIAN
Sunday 8, 9:30 and 11 a.m., \[www.newhopefortmyers.org\]\(http://www.newhopefortmyers.org\), 10051 Plantation Road, 274-1230.

PEACE COMMUNITY
Sunday 10:30 a.m. \[www.peacecommunitychurch.com\]\(http://www.peacecommunitychurch.com\), 17671 Pine Ridge Road, 267-7400.

PEACE LUTHERAN
Sunday 8 and 10 a.m., \[www.peaceftmyers.com\]\(http://www.peaceftmyers.com\), \[peace@peaceftmyers.com\]\(mailto:peace@peaceftmyers.com\). 15840 McGregor Boulevard, 437-2599.

REDEEMER LUTHERAN
Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD
8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER
Meditation classes. \[www.MeditationInFortMyers.org\]\(http://www.MeditationInFortMyers.org\), 567-9739.

SAINT COLUMBKILLE CATHOLIC
Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC
Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE METROPOLITAN
Sunday 10 a.m., 3049 McGregor Boulevard,](http://www.lambofgod</p></div><div data-bbox=)

344-0012.

SAINT MICHAEL LUTHERAN
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY
Sunday 9:30 a.m., www.saintnicholasmonastery.org, 111 Evergreen Road, 997-2847.

ST. VINCENT DE PAUL CATHOLIC
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST
Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

TEMPLE BETHEL SYNAGOGUE
Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)
Friday 6:30 p.m. and Saturday 9 a.m., www.tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE FAITH CENTER
Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638.

THE NEW CHURCH
Sunday 11 a.m., www.newchurchflorida.com, 10811 Sunset Plaza Circle #401, 481-5535.

UNITARIAN UNIVERSALIST
Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.

UNITY OF FORT MYERS
Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH
Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

WORD OF LIFE
Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

ZION LUTHERAN
Sunday 8, 9:30 and 10:45 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040.✧

CROW Case Of The Week:

Gopher Tortoise

by Bob Petcher



The gopher tortoise (*Gopherus polyphemus*) is a durable reptile with a long lifespan, though its species is listed as threatened in Florida. As its name suggests, it can dig like a

gopher and does so to create deep burrows with its powerful forelimbs so that more than 300 species of animals have a place of shelter.

Luckily, the gopher tortoise and its home are both protected under state law. Before any land can be cleared or developed around its burrow site, property owners or builders must obtain permits from the Florida Fish and Wildlife Conservation Commission (FWC) before capturing and relocating tortoises.

At CROW, an adult gopher tortoise was admitted from Cape Coral after being hit by a car. The tortoise suffered a large fracture to the front left side of its carapace – the upper part of its shell – and radiographs showed that it also suffered a fractured humerus of its left forelimb. The tortoise was given pain medication and the wounds were bandaged, including bandaging the fractured forelimb against its body to restrict movement.

The bandaging was said to be the best practice at the time.

"It is important to ensure the patient is stable enough to undergo prolonged anesthesia required for a shell fracture repair. We stabilize them by assessing their bloodwork, giving fluid support and antibiotics, and doing wound management/bandaging to remove any dirt or contamination from the fracture site," said Dr. Robin Bast, CROW staff veterinarian. "Tortoises usually tolerate bandaging well and, in this case, it is helping keep its broken arm stabilized, which helps decrease its pain in addition to the use of pain medications."

Once the tortoise stabilized, veterinarians placed brackets on either side of the shell fracture so that zip ties could be used to reduce the fracture and hold it in place as it heals.

"Brackets are able to be placed immediately upon intake, or shortly thereafter. These can be placed with the patient awake and during initial stabilization," said Dr. Bast. "The fracture reduction – the process of re-aligning the fracture pieces – happens under heavy sedation or anesthesia, when we tighten the zip ties."

CROW officials said the patient's injured leg will remain bandaged for two weeks and then be reassessed for how it is healing. If it is not healing appropriately, surgical intervention may be warranted.

"A patient should undergo surgery as soon as it is systemically stable, which typically occurs within a few days of admission to the hospital," said Dr. Bast.



Patient #19-3963 before zip ties were used to reduce the fracture on its carapace

photo by Brian Bohlman

"The procedure for this tortoise also included freshening the edges of the fracture before re-aligning them so it has the best chance of healing."

Friday, October 4 marks the two-week period of rehabilitation for the gopher tortoise. Its extended stay will rely on its adaptability and mobility as well as its progress through physical therapy in the upcoming weeks.

"This patient is adjusting to the challenge of mobility with its left arm bandaged into the shell. We have added a temporary support in the form of half a golf ball glued on the underside of the shell to provide extra support as it

walks. It grazes well outside, and will have routine physical therapy on the arm as it heals," added Dr. Bast. "The shell fracture will take at least four to six weeks to heal, so this patient still has a bit of time until a determination about release can be made."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Fall Fishing At Its Best



by Capt.
Matt Mitchell

Cooler less humid mornings along with calmer conditions than we have experienced in weeks made being out on the water the perfect place to be. Throughout the month of September, there has been very little boat pressure on the sound along with lots of fish due to a slightly early start to the fall bait migration. Many mornings this week I caught bait alone and fished an entire morning charter only seeing a handful of other boats out. October is generally still a slow time for island businesses, yet still some of our best fishing of the year.

Redfish continued to be our most sought-after species with the best bite coming on the higher stages of the tide. Some days, I would find these redfish right away, while other days they required a few stops. Most days, though, the result was the same with multiple hook-ups. Tail-hooked, medium-sized pinfish were the bait of choice though we did catch a few on cut mullet and ladyfish. Spotting mullet on the shoreline or oyster bar usually meant the redfish were there. Redfish this week ranged from 20 to 30 inches. Tides have been the most important factor if you plan on doing a redfish trip.

Most mornings, our trips have started out by catching trout, snapper and ladyfish under the diving birds in the middle sound. Larger Spanish mackerel have also been more plentiful in this same mix. Our baitfish schools are only getting larger in the sound as our water gradually cools. Anywhere from Demere Key to Bird Key has been a great place to get started on this fast-paced action. This week, we made it a little further north on a few full day trips and found lots of action just inside the Jug Creek Shoal at the tip of Bokeelia too. Hungry surface feeding fish could also be found between the C-span and Tarpon Bay.

The best big snook bite for us this week came during the last few hours of the falling tide. While working docks around St. James City as the tide bottomed out, we had a few trips where there was not a pinfish in the live well that was too big to get hit. Many of the larger snook are slowly making there way back across the sound from the passes and beaches where they spent the summer. Oyster bars in the middle sound have been another good place to catch snook, though this bite has been more on free-lined shiners during the higher water periods.

More and more tarpon are being caught out along the beaches as cooling water temperatures and massive amounts of bait kick this bite into high gear. Anywhere along the entire length of the beach can hold these fish. It just depends on where the large schools of bait congregate. Favorite places to look are just south of Blind Pass down to the West Wind Inn and from roughly the middle of Fort Myers Beach south to Bonita Beach. East winds or no wind is key to finding



Micheal Cullen with an upper slot redfish caught while fishing with Capt. Matt Mitchell this week photo provided

these rolling fish. October can bring some of the best tarpon fishing of the year if the weather cooperates.

Capt. Matt Mitchell has been fishing local waters since he moved

to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.*

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Dave Doane

Plant Smart

Wild Pennyroyal

by Gerri Reaves

Native wild pennyroyal's (*Piloblephis rigida*) natural habitat is mainly sandy areas like pine flatwoods, scrubs, and sandhills. This member of the mint family is also called pineland pennyroyal and Florida pennyroyal.

Use it as a groundcover or in a wildflower or butterfly garden.

It takes a sprawling form and has woody ascending stems. It reaches one to two feet tall and has a moderate growth rate.

Give it full sun and sandy well-drained soil. Once established, it is very drought tolerant and will grow even in nutrient-poor soils. It is not salt tolerant.

The term *rigida*, which means stiff, refers to the needle-like leaves. They are aromatic and measure less than a half inch long.

It blooms throughout the year in lower South Florida, producing compact cone-like flowerheads at the stem ends and attracting butterflies and other insects.

The flowers are white to lavender and have two lips, the upper one two-lobed and the lower one three-lobed.

Purple spots dot the lower lip, and four stamens extend well above the petals.



Wild pennyroyal is a native perennial herb of the mint family

photo by Gerri Reaves

The plant is covered with small grayish hairs, a characteristic referred to in the term *Piloblephis*. *Pilo* means hairy in Greek.

Propagate it with cuttings or with the seeds. It produces four nutlets.

A tea made from this aromatic plant has been used by Native Americans to treat a variety of ailments.

The leaves are also used for soup

seasoning and the oil is an insect repellant.

Sources: *Everglades Wildflowers* by Roger L. Hammer, *Florida Wildflowers in Their Natural Communities* by Walter Kingsley Taylor, *Gardening for Florida's Butterflies* by Pamela F. Traas, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *The Right Plants for Dry*

CROW Surpasses 4,000 Patients This Year

The Clinic for the Rehabilitation of Wildlife (CROW) admitted its 4,000th patient of the year after it was rescued from the beach by a CROW staff member participating in the International Coastal Cleanup.

Rachel Rainbolt, the education and development coordinator for CROW, along with other staff members, were participating in the International Coastal Cleanup at Bowman's Beach, coordinated by Keep Lee County Beautiful and Sanibel-Captiva Conservation Foundation (SCCF) on September 21, when she noticed the bird.

"There was a flock of terns and gulls that took off from the beach and this one was left behind," said Rainbolt about noticing the distressed bird. "As I



Dr. Megan Cabot, CROW veterinary intern, examines the laughing gull

photo by Breanna Frankel of CROW

approached, it struggled and stumbled on the beach, so I could immediately tell that something was not right with it."

The laughing gull, a common gull species found throughout coastal areas, was rushed to CROW's wildlife hospital where veterinarians took over. They noted the bird to be having trouble breathing and that it was emaciated and very weak, unable to stand. Bloodwork led them to suspect the bird had aspergillosis, a fungal infection that can commonly affect seabirds with weakened immune systems. Radiographs and an endoscope procedure were scheduled to confirm the suspected diagnosis, but sadly, the bird passed away in the supplemental oxygen chamber before

they could be performed.

Although the gull did not survive, as the 4,000th patient, it marks a milestone for patient admissions in 2019. So far this year, CROW has seen approximately a seven percent increase in patient totals compared with the same time frame in 2018, a year which saw unprecedented numbers of sea turtles and birds affected by red tide. Since 2014, patient admissions to the wildlife hospital have increased by more than 40 percent.

"Our caseload continues to grow year after year," said Dr. Robin Bast, staff veterinarian at CROW. "At the current rate, we expect we'll exceed 5,000 patients well before the end of the year, a number we have never reached before."✱



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Record-Breaking Turnout For Coastal Cleanup

A record-breaking turnout of over 2,100 volunteers at 23 sites across Lee County participated in Ocean Conservancy's 34th International Coastal Cleanup (ICC). Keep Lee County Beautiful is the local organizer of this largest, global single-day volunteer effort to remove trash from local shorelines. Since the first cleanup, more than 15 million volunteers have removed nearly 315 million pounds of trash from beaches and waterways worldwide.

"When you join a cleanup, you are advancing one of the most immediate and impactful solutions to keeping plastics out of the ocean," said Trish Fancher, executive director of Keep Lee County Beautiful, "which is why we are so grateful to all the amazing volunteers who came out. Awareness has really grown around the issue of ocean plastic, and it's great to see people taking action."

In addition to removing almost 3,800 pounds of litter and debris from Lee County, volunteers contributed to the world's largest database on marine debris by collecting data that will be sent to the Ocean Conservancy. Scientists, researchers, industry leaders and policymakers rely on Ocean Conservancy's Ocean Trash Index to inform policy and determine solutions to the growing marine debris crisis.

Every year, millions of tons of trash – including an estimated 8 million metric tons of plastic waste – flow into the ocean, entangling wildlife, polluting beaches and costing coastal municipalities hundreds of millions of taxpayer dollars. Last year, all 10 of the top-10 most-collected items were made of plastic, including cigarette butts (which contain plastic filters), food wrappers, straws and stirrers, and – for the first time -- plastic forks, knives and spoons, which are among the deadliest types of marine debris to ocean animals. Plastics – which never fully biodegrade but rather break up into smaller and smaller pieces called microplastics – are of particular concern.

"Marine debris is a global problem that requires a host of solutions.



Volunteers at this year's South Seas Island Resort Coastal Cleanup

photo provided

Improving waste infrastructure in key areas, reducing our use of single-use plastics and moving towards a circular economy are all necessary to stop the flow of trash into our ocean," said Allison Schutes, director of Ocean Conservancy's International Coastal Cleanup. "But cleaning up our beaches and waterways is an important piece of that puzzle, and we are so grateful for the hard work of the volunteers in helping us achieve our shared vision for a cleaner, healthier ocean."

Thanks goes out to the volunteers and to the following sponsors: Belk, Manheim Fort Myers, Walmart, Waste Pro, Lee County Solid Waste, Coca-Cola, Suncoast Beverage, Family Thrift Center, Vylla, Surfing Evolution Foundation, Lilly Pulitzer, Advanced Disposal, Doc's Beach House, Sanibel-Captiva Conservation Foundation, Lee County Parks & Recreation, City of Bonita Springs, Florida Park Service, the Town of Fort Myers Beach, Safeguard Destruction Services, Ocean Conservancy, FirstService Residential, MK Architecture, Christensen Financial, Inc., Fort Myers Beach Community Foundation, Royal Scoop Ice Cream, Buffalo Chips Restaurant and Lovers Key State Park.✧

Botanical Garden Tours On Tuesdays



Gazebo at the Berne Davis Botanical Garden

photo provided

The Berne Davis Botanical Garden is open for Tuesday morning garden walks from 10 a.m. to 1 p.m. beginning October 8 and continuing until May. Admission and parking are both free; handicap parking is on Virginia Avenue; regular parking is on Larchmont Avenue, off of McGregor Avenue

The botanical garden is a project of the Fort Myers-Lee County Garden Council. It is staffed by volunteers who provide tours of the garden. Those viewing the garden may also just walk the path and enjoy the gardens.

The garden is the home of the Lorelei statue that was recently part of the old Fort Myers Library as well as the Mina Edison Botanical Library. Many of the displays in the garden have been provided through the talents and contributions of the local garden clubs, plant societies and other affiliates that

comprise the Garden Council.

The Fort Myers-Lee County Garden Council was formed in 1957 and now comprises various clubs, societies, and affiliate members in the area. Membership provides an opportunity to learn about floral design, growing plants suitable for our locale, and conservation methods. The council assists in educating and beautifying the community, and improving the environment. A speakers bureau provides speakers for meetings and events. The council is a member of the National Garden Clubs, the Florida Federation of Garden Clubs and American Public Gardens Association.

The Berne Davis Botanical Garden is located at 2166 Virginia Avenue in Fort Myers. For more information, contact the council at fmlcgcgardenclub@gmail.com or 332-4942.✧

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Book Review

Lady In The Lake



by Di Saggau

Lady In The Lake is inspired by the unsolved death of Shirley Parker, a barmaid and secretary whose body was found in Baltimore's Druid Hill Park in June of 1969. The story centers on two narrators: Cleo Sherwood, a fictionalized version of Parker, and Madeline "Maddie" Schwartz, a fictional Jewish housewife in her late 30s who decides to leave her boring suburban life and find her own path to live a passionate, meaningful life.

Maddie helps Baltimore police find a murdered girl and ends up getting a job at a newspaper *The Star*. She starts out answering readers' questions in a public help column. When she follows up on a letter to get the lights at the Druid Hill Park Fountain turned back on, Cleo's body, much like Parker's in 1969, is discovered inside the fountain. No one else is interested in the suspicious death of a young black woman, but Cleo becomes Maddie's personal beacon. She works after-hours to talk to those who knew Cleo. She sets out to find the truth about Cleo's life and death. Along the way, she steps on some toes, endangering not only her own life but also that of others.

Maddie's investigation brings her into contact with people who used to be on the outer edges of her life, a jewelry store clerk, a waitress, a rising star on the Baltimore Orioles, a patrol cop, a hardened female reporter and a lonely man in a movie theater. Maddie fails to see the people right in front of her and her inability to look beyond her own needs

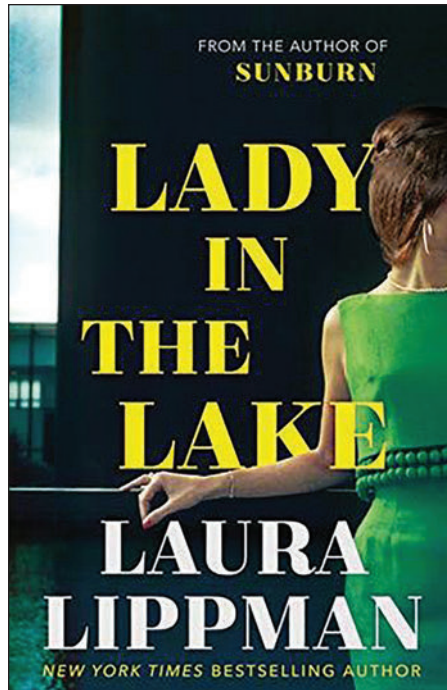


image provided

could lead to tragedy for many.

Maddie is given more space than Cleo, but Cleo's desires are clear and relatable, even if she is narrating from behind the grave. At one point, Cleo wants to ask Maddie, "Are you really missing if nobody misses you." It also bothers her that Maddie didn't care about her life, only her death. She says, "They're not the same things, you know."

Parker's 1959 death remains unsolved, but Lippman builds a slow-burning, precise case for Cleo's murderer. Many of the characters are based on real people which adds greatly to the novel. *Lady In The Lake* combines modern psychological insights with elements of classic noir, about a housewife-turned-aspiring-reporter who pursues the murder of a forgotten young woman.✱

School Smart



by Shelley M. Gregg, NCSP

Dear Readers, How many times have you asked your middle or high school child, "How was school today?" and been frustrated by the monosyllabic

response of 'fine.' As kids get older and when communication is somewhat less than that in elementary school, it's even more important to keep lines of communication open, especially since so many changes take place turning the tween and teenage years.

Here are a list of questions that you might want to use to draw out important information. Make sure that you start slowly and not ask all of these questions on the same day, just start with one or two. After a while, you'll figure out which ones elicit the most meaningful responses. Make sure to ask during a time when you have the ability to focus so that your child feels they

have your full attention.

With slight wording modifications, these questions can work with children of all ages:

1. Tell me about a moment today when you felt excited about what you were learning.
2. Tell me about a moment in class when you felt confused.
3. Think about what you learned and did in school today. What's something you'd like to know more about? What's a question you have that came from your learning today?
4. Were there any moments today when you felt worried? When you felt scared?
5. Were there any times today when you felt disrespected by anyone? Tell me about those moments.
6. Were there times today when you felt that one of your classmates demonstrated care for you?
7. Were there any moments today when you felt proud of yourself?
8. Tell me about a conversation you had with a classmate or friend that you enjoyed.
9. What was challenging about your day?
10. What do you appreciate about your day?

11. What did you learn about yourself today?

12. Is there anything that you'd like to talk about that I might be able to help you figure out?

13. Is there anything you're worried about?

14. What are you looking forward to tomorrow?

15. Is there a question you wish I'd ask you about your day?

The following can help your conversations be positive and powerful:

Don't interrupt. This is a good rule for any conversation, but especially if you want to get a lot of information out of a kid.

Ask for more. Simply say, "I'd love to hear more about that..."

Ask about feelings. After a child describes an experience, ask, "How did you feel in that moment? What did you notice about your feelings?"

Validate feelings. Whatever your kid feels is normal and okay. Let them know that. Feelings are okay. Tell them this.

Tell them it's not okay for teachers or kids to be unkind or mean. If they tell you a story about a teacher who yelled or disrespected them (regardless of what they said or did) let them know that it's not okay for an adult to treat them that way. Same goes for how they are treated by other children.

Thank them for sharing with you. Always appreciate their honesty and willingness to share the highlights and bright spots, as well as the difficult moments. This will fuel their confidence

in telling you more.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

Stardust And Strings Gala

The SWFL Symphony Society will open the fall season with a Stardust and Strings gala event at The Heitman House on Thursday, November 7 from 5 to 9 p.m. Cocktail hour is at 5 p.m., followed by dinner at 6 p.m. and the program at 7 p.m.



The gala will feature star-spangled music featuring virtuoso jazz and classical violinists Doug Cameron and son Alex, along with a dance troupe from the North Fort Myers Academy for the Arts – all while dining under the stars.

Tickets are \$65 per person. A cash bar and valet parking will be provided.

Heitman House is located at 2577 First Street in downtown Fort Myers. For tickets, visit www.swflso.org/symphony-society or call the Symphony Box Office at 418-1500. For questions, call Barbara Born at 415-6498.✱

EPIC FIRES OF FORT MYERS

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"More than a meticulously researched chronicle of the disasters that shaped Fort Myers, this book details the historical moment of each blaze, creating a rich portrait of a community forged and tempered by fire. A must-read for anyone interested in area history, with riches for newcomers and experts alike." - Amy Bennett Williams

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Beach Venues Host Performers During Songwriter Fest



Jordan Minton and Keefe Klug at Nervous Nellie's photos by Bob Petcher

The 6th annual Island Hopper Songwriter Fest concluded its sixth year in Southwest Florida with up-and-coming songwriters performing at venues on Fort Myers Beach this past weekend. The 10-day festival was also held on Captiva Island

and downtown Fort Myers during the previous week. On September 28, 14 singer-songwriters were among the 70 invited performers from around the country that were on stage at seven different Fort Myers Beach establishments during



Meg Williams and Hunter Smith at Lighthouse Tiki Bar & Grill

the 2:30 to 3:30 p.m. time frame. Island Hopper is the largest songwriter festival in Southwest Florida and offers a unique experience to interact with songwriters. Many of the performers have written hit songs for well-known national recording artists.

The Island Hopper Songwriter Fest will return for its seventh year in September 2020. Its lineup schedule will be made available in August 2020. For more information, visit www.island-hopper.fortmyers-sanibel.com.



Megan Linville and Ashley Ray at Matanzas on the Bay



Heidi Ray and Chas Sanford at Pierside Grill and Famous Blowfish Bar



Sheena Brook and Lance Carpenter at poolside of Pink Shell Beach Resort & Marina



Cassidy Daniels and Joshua Singleton at Yucatan Beach Stand

Florida Trailblazer Award Honoree

A trailblazer is someone who envisions a pathway to positive life-changing experiences for others. Andrew Banyai never set out to be a trailblazer, but his work as executive director of the Lee County Legal Aid Society, Inc., is changing lives.

For his work, the business arm of the *Daily Business Review* is honoring Banyai with the Florida Trailblazers Award, which recognizes those who have "made significant marks on the practice, policy and technological advancements in their sector."

Lee County Legal Aid Society is a not-for-profit agency, which provides advice, counsel and legal representation on a pro bono basis. Banyai's mission is straight-forward and focused: "What we are trying to do is make the weak equal to the powerful in terms of access to the justice system," he said.

It's working. His team, which includes himself, three other staff attorneys and other volunteer attorneys, regularly helps about 1,000 people a year, through an application process and walk-in clinics, where clients are screened through the Lee County Clerk of Courts and directed to the right legal advice. That partnership was key because Clerk of Courts Linda Doggett was searching for someone to provide free legal services through the Self Help Center, and Banyai and his team stepped up.

Michael Healy, general counsel for the clerk's office, said in the nomination letter, Banyai "hears out their problems and quickly works to find a solution or, if the matter is too complicated to resolve in such a brief time, issues guidance for taking the next step."

"There is no way I could do this myself," Banyai said. "I need an entire team. We have volunteer attorneys who come in every single week. They have smiles on their faces. They hear stories and help people."

There is something "pure," Banyai says, about helping someone, who knows they can count on the right legal advice and representation without the financial stress. "There is so much negative sentiment in the legal practice in general, sentiment that lawyers are only out for the cash," Banyai said. "We can say 'we are not charging you a dime.' There is a genuineness because you are trying to help them."

Much of their work protects the rights and safety of children, who could be victims of custody battles or other difficult circumstances. "Somebody who is weak, being exploited or taken advantage of by



Andrew Banyai photo provided

a powerful person, a family can suffer," Banyai said. "We are making a difference in people's lives."

Banyai and other honorees will be featured in a future issue of the *Daily Business Review*. Learn about his background and his work with the Lee County Legal Aid Society at www.leecountylegalaid.org.✱

MOAA Meeting

The Calusa Chapter of the Military Officers Association of America (MOAA) will hold its monthly meeting at the Caloosa Club restaurant at Cape Royal Golf Club on Saturday, October 12 at 10 a.m.

The meeting will feature a forum of candidates for the Florida House of Representative seat currently being held by Dane Eagle. Candidates Bryan Blackwell and Mike Giallombardo will be participating in the forum.

All current, former and retired military officers and spouses are invited to attend. Cost for the breakfast is \$12, payable at the door (cash only). Reservations are requested by Friday, October 4 and may be made by contacting Dixie Buick at 945-5030 or via email at calusamoaa@yahoo.com.

MOAA is a national organization of military officers that supports the interests of military members of all ranks – past, present and future. Regular membership is open to all current and former officers, and associate membership is available to all who support our armed forces.

Cape Royal Golf Club is located at 11460 Royal Tee Circle in Cape Coral. For more information, contact Tom Wagner at 608-658-6254 or redleg70@gmail.com.✱

Tax Collector Tops United Way Fundraising

The generous giving by employees of the Lee County Tax Collector (LCTC) is being recognized once again by the United Way of Florida. For the third consecutive year, the office will receive United Way's 2018-19 Public Sector Giving Award for contributions to the local United Way campaign.

Lee County Tax Collector Larry Hart received a plaque during the United Way of Lee, Hendry, Glades and Okeechobee Counties board meeting on September 27 at United Way's main campus, 7273 Concourse Drive in Fort Myers.

The LCTC's average per capita contribution was \$160.70 to lead the state. The next highest contribution for an agency in Florida was \$142.66. The average gift for LCTC employees was \$350.62, easily beating the next highest by almost \$170.

The LCTC's contributions were part of a record amount of \$10.4 million raised during the 2018-19 local United Way fundraising campaign, which finished in February.

"Time and time again, year after



Larry Hart photo provided

year, our team at the Lee County Tax Collector's Office steps up to help its community through United Way contributions," Lee County Tax Collector Larry Hart said. "I couldn't be prouder of their efforts and community support."

The public sector award is one of 11 given annually to Florida county and constitutional offices, key municipalities, as well as public schools, colleges and universities.✱

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Will Power

Sharing Your Wisdom



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Have you ever noticed how the older you get, the less intelligent those around you seem to be? You look at some of their actions or statements and just shake your head. But when you open your mouth to offer advice, what happens? Usually you're ignored at best or at worst, you're shut down.

There's actually something to this phenomenon.

As we age, we accumulate valuable lessons. Life experience. Some call it "The School of Hard Knocks," which is more difficult and valuable than anything taught at the university. Looking back, I'd venture to say that the most valuable lessons occurred, at least for me, when I failed.

I tried something and it didn't work.

At the time, I may have been upset with myself or sometimes I became angry with others, or at the circumstances. Reflecting on those occasions, my anger was directed elsewhere, and I realize that I was often the true culprit. Despite the blame game, I still picked up golden nuggets that would become useful at some point in the future.

I'm sure this resonates with you too, doesn't it?

My children are now at the ages where they're invincible. My three daughters are 25, 23 and 19. The oldest is out of college having earned her master's degree and is in the workforce. The middle is in the physical therapy doctorate program at the University of Florida, while the youngest is a college sophomore.

They know it all.

Except they don't.

They haven't been through some of the trials and tribulations that my wife and I have experienced. We hope that they avoid some of our most challenging obstacles. The problem is, when we shield our children from those same challenges, we deny them the very life lessons, the wisdom earned, that enabled our success.

How does one therefore share one's wisdom in such a manner that our loved ones will openly listen, yet not try to overly manage their lives? The most effective strategy I've come up with is to share my life experiences as they happen. Including the failures. Patti and I have shared our ups and downs around the dinner table since the kids were young.

We were careful not to share stories or events that weren't age appropriate. I believe over the years, our open communication helped. I've noticed how our daughters, when describing their current challenges to us, often analogize those same dinner time conversations to their situations.

But what to do when they leave the nest? Does this end our opportunity to share wisdom?

It certainly gets more difficult. Yet, have you noticed that as your loved ones age,

and they get knocked around a little bit by life, don't they seem more open to your suggestions?

How does all of this fit into your estate plan? You knew since I write this estate planning column, I had to bring it back here at some point, right? Let's discuss managing the inheritance that you leave your loved ones.

First, realize that your estate plan is dynamic, not only because tax laws change, and the estate and trust laws change.

No, an estate plan is dynamic mostly because your loved ones change!

If your children are close in age to mine, you probably want to impose a third party trustee like a bank or trust company to help manage the money and investments if your loved ones inherit while still young. They might be the most honest, smart and careful young adults, but they still don't have the life experience that you have.

Don't get caught in the "curse of knowledge" trap. In other words, just because you learned something as a life lesson doesn't mean that your adult children have.

For example, is it possible that your children make bad investments with a friend who states that he has the next big software app that will earn millions? All he needs is \$100,000 of the inheritance your daughter just received, and they'll both become the next Bill Gates.

It's better to impose a wise, learned hand for a few years. Your will or trust can be drafted so that at some point, say, for example, when each beneficiary reaches age 40, your adult children can take full control over their own investments. It can also be drafted so that they can change who the trust company is, so they're not trapped with an underperforming, overly expensive institution.

There are many options available to you and your loved ones. This goes to the skill that your attorney has, not only with his own practice experience, but in translating your life experience to your plan.

This is far from boilerplate.

Having a third party trustee isn't a bad idea for some of your older beneficiaries as well. Those who don't ever seem to make wise life choices, are spendthrifts, or who have dependency problems all are candidates to have a helping hand once you aren't around anymore.

This should all come out in your initial client interview.

The key, just as what my wife and I did around the dinnertime table, is to share your wisdom with your loved ones, and to share your concerns with your estate planning attorney.

In my firm's Elite Client Care Program, for example, we offer our clients the opportunity to meet with us and their children (over video conferencing if the children aren't all local) to discuss these important issues together. I've found that having the attorney translate how the plan works once constructed, provides a level of clarity and comfort that otherwise might be unattainable, and the plan is consequently more readily accepted.

Share your wisdom. Help guide, but don't overdo it. And make sure your estate plan keeps up with the changes that constantly occur within your own family.

Now that's wise.

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Republican Women To Hear From Sheriff

Lee County Sheriff Carmine Marceno will be the featured speaker at the luncheon meeting of the Fort Myers Republican Women's Club at The Helm Club in The Landings Yacht Golf and Tennis Club on Tuesday, October 15. A social hour begins at 11:15 a.m. The noon lunch will be followed by the business meeting and program.

Marceno was appointed Lee County Sheriff by Gov. Rick Scott in September 2018. His law enforcement experience career prior to Lee County includes New York and Collier County. He has received numerous awards and commendations.

Marceno joined the Lee County Sheriff's Office in 2013, most recently serving as undersheriff for more than two years and served as the executive officer to Sheriff Mike Scott. In 2017,



Sheriff Carmine Marceno

Marceno graduated from the FBI National Academy Session.

Cost to attend is \$20, which includes lunch. Reservations are required by Thursday, October 10.

The Landings is located at 5200 South Landings Drive in Fort Myers. For more information or to RSVP, contact Tina Laurie at 489-4701.✧

Training Initiative For Workforce Skills Gap

The workforce skills gap is something that multiple business development organizations have been discussing for years. Corporations are asking for solutions. Hodges University is answering that call with its professional training initiative, Professional Education and Training (PET), called Hodges Connect.

"Hodges Connect is designed to prepare the workforce with the employer-demanded skills necessary to succeed in the job markets of today and tomorrow," said Dr. John Meyer, president of Hodges University. "This new platform will offer workshops, classes and programs that can be customized to suit any industry, and done as individuals or as a corporate group. This is all about giving our workforce that competitive edge."

These workforce development programs are of varying lengths and are designed to give participants immediately applicable skills that they can put to work the next day. These are separate from the traditional academic programs the university offers, and can be taken by anyone who is interested. No pre-admission testing or previous college experience, or even a high school diploma is required.

The first workshop – the First Line Supervisor certificate program – is now available and accepting registrations. The program is available both as a workshop on the Hodges University campus or completely online. For more information, visit www.pathways.hodges.edu/courses/first-line-supervisor-training.

Upon completion of either format, graduates will receive their First Line Supervisor Certificate from Hodges University.

"The Regional Demand Occupations List for 2019-20 demonstrates a high need for first line supervisors with over 4,000 openings," said Dr. Meyer.

Areas that are demanding first line supervisors include workers in construction trades and extractions, mechanics, installers and repairers, non-retail sales, office and administrative support, personal service, retail sales, housekeeping and janitorial, landscaping and lawn service, and transportation and material-moving machine and vehicle

operators.

The PET Hodges Connect Initiative has additional programs and plans to continuously add new offerings as industry demand dictates.

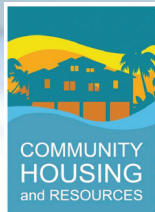
Other existing programming includes the Professional Effectiveness Certificate (PEC) – a five-course program focused on soft skill development in technology, communication and business – and the Professionalism in the Workplace Certificate – a short course to prepare students for internships, or for anyone looking for their first job. Other workshops available include generational differences in the workplace, moving from peer to leader, and cultural competency. Some workshop topics include conflict resolution, body language basics, being a likeable boss, employee motivation, emotional intelligence, high-performance teams, safety in the workplace, time management, team building, customer service, organizational skills and transformational leadership.

In the area of health, PET Hodges Connect offers classes in Basic Life Support, Basic Life Support Refresher and Heartsaver First Aid Cardiopulmonary Resuscitation Automated External Defibrillator.

For more information about PET Hodges Connect, email hodgesconnect@hodges.edu or visit www.pathways.hodges.edu/courses/hodges-connect.✧

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EVENTS

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- Lunchtime Tennis & Pickleball Expos
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Financial Focus

Your 401(k) Status When You Leave Your Job



by Jennifer Basey

If you're in the early stages of your working life – or even in the not-so-early ones – the chances are pretty good that you will change jobs at some point. When that happens, you'll probably leave a few

things behind – but will one of them be your 401(k)?

Of course, you wouldn't really forget about your 401(k). (It does happen, however – over the period from 2004 through 2013, more than 25 million people left at least one 401(k) or similar plan behind when they left their job, according to the U.S. Government Accountability Office.) But you will have to do something with your account.

Essentially, you have four choices: You can cash out your 401(k) – It's your money, but if you take it out before you reach age 59 ½, you will owe federal income taxes, plus any applicable state and local taxes.

Also, you will likely be charged a 10 percent penalty for early withdrawal. Perhaps even more important, if you liquidate your 401(k) when you change jobs, you'll be reducing the amount you'll have left for retirement.

You can leave your 401(k) with your old employer – If your former employer permits it, you can leave your 401(k) intact, even after you move to a different job. This might be appealing to you if you like the investment choices in your account, but you won't be able to make

any new contributions. Plus, you won't face any immediate tax consequences.

You can move the money to your new employer's 401(k) – You can consolidate your old 401(k) with one offered by your new employer, if allowed. You won't take a tax hit, and you might like your new plan's investment options. And you may find it easier to manage your funds if they're all held in one place.

You can roll your 401(k) into an IRA – You don't need the permission from any employer – old or new – to move your old 401(k) to an IRA. Your money will continue to grow on a tax-deferred basis, and an IRA offers you a virtually unlimited array of investment options – stocks, bonds, mutual funds and so on. You can make either a direct or indirect rollover. With a direct rollover, the administrator of your old 401(k) sends your money directly to the financial provider that holds your rollover IRA. No tax is withheld because you never actually take possession of the money. With an indirect rollover, you're technically withdrawing the money and moving it to the IRA provider yourself. (You've got 60 days to make this transfer.) You will face a withholding of 20 percent of your account's assets, but you may be able to recover most of this amount when you file your tax return. Still, for the sake of ease of movement and avoidance of all tax issues, a direct rollover may be more advantageous.

Which of these options is right for you? There's no one "right" answer for everyone. You'll have to consider several factors, and you'll certainly want to consult your tax professional before making any decision. But, in any case, do whatever you can to preserve – and hopefully grow – your 401(k) assets. You'll need these resources to help fund the retirement lifestyle you want and deserve.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✴

Goodwill Initiative Receives Grant

The Lee County Electric Cooperative (LCEC) has approved a \$2,000 grant to fund the Pathways to Environmental Stewardship Initiative for Goodwill's Pathways to Opportunity program (PTO). The new program is designed to help adults with disabilities enhance their abilities and social skills through gardening and recycling projects. This environmental program empowers participants to reduce, reuse and recycle in their everyday lives, and to understand the impact that their lifestyle choices may have on Florida's wildlife, waterways and natural environment.

"Being a volunteer and environmental steward are socially valued roles in society," said Megan Feeney, Goodwill Industries of Southwest Florida director of disability support services. "This initiative will provide participants with skills to be more independent making lifestyle choices, contribute to their community and be more conscious of how their choices will impact the environment."

The initiative will conduct a number of activities and classes from January 1 to December 31, 2020. These activities will guide PTO participants to discover ways to reduce energy and other consumption, reuse discarded and unwanted items, and identify what can be recycled and where to take items for recycling locally. PTO classes focus on four key areas: recreation, education, creative expression and employment – exploration. The Environmental Stewardship curriculum will be integrated in the annual schedule of classes that are offered quarterly.

The LCEC grant funding was approved through the environmental funding award selection committee in mid-September, and funds will be used to run the new initiative and purchase gardening supplies.

Goodwill Industries of Southwest Florida is committed to serving people with disabilities and disadvantage by offering life-changing opportunities to achieve independence. The Pathways to Environmental Stewardship Initiative is one of the many programs developed to assist those with barriers to learn self-sufficiency and self-advocacy and become more independent.✴

Superior Interiors

Upcoming Window Treatment Trends



by Jeanie Tinch

Window treatments are a versatile home accessory that provide privacy, let the sun in on nice days and block the cold on chillier ones. They're also perfect for dressing

up a wall and completing a living space that seems to be missing something in the decorative department. When it comes to what's trending, there are plenty of options to choose from.

Window treatments have really taken on a whole different role in the marketplace. From maximalism and sustainability to florals, velvets and more layering, there are so many different trends to consider.

Let's take a closer look at some of the upcoming styles to keep in mind if you're looking to update or add new window treatments to your home in the near future.

Consider layering treatments. If your current set-up consists of a set of blinds, step things up a notch by layering treatments. This adds depth to the living space and can completely transform a room. We are also seeing more traversing draperies coming back with all the fabulous window treatment hardware and layering of window treatments. Our clients are really enjoying the added custom details of trims and banding.

We also see value in layering treatments. Layering is a method that offers privacy and style simultaneously. Consider wood or faux wood blinds for the first layer for sun control and privacy, and drapery panels to soften and frame the window.

The clean, simple lines of Roman shades are always trending, and they work virtually for any style room. They're a classic option for a traditional style living room, and they have the clean lines that can work well in a modern set up. In lieu of blinds, roman shades can provide the privacy, style and shield from light needed without layering.

The industry is also seeing a spike in the interest of motorization. Motorized options are perfect if you're looking for a less traditional option that will take your living space to the next level, especially for hard-to-reach windows. Many of our clients do not live in their home year-round. A smart motorized window treatment allows them to control things remotely regardless of where they may be at the time.

If drapery and fabric treatments are out of the question, invest in a set of wider-slat blinds instead. We often recommended choosing a set with slats of at least 2.5 inches, as it looks sleeker, maximizes the view and eases

the cleaning process. This is the perfect option in modern design but can work well in virtually any style home.

Does your current arrangement of window treatments around the house seem dull, or are your windows completely bare and in need of attention? A design professional can offer advice and will talk you through some of these trends and other unique ideas that can complete your home and make it more comfortable.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindceden.com.✴

National Disability Employment Awareness Month

October is National Disability Employment Awareness Month (NDEAM). This nationwide annual campaign dates back to 1945 and celebrates the skills and talents that people with disabilities bring to America's workplaces. This year's official NDEAM theme is The Right Talent, Right Now.

At Goodwill Industries of Southwest Florida, adults with disabilities are learning employment skills that enhance the quality of their lives through the Pathways to Opportunity program (PTO). The PTO program, a full-day adult training program, began five years ago with just five participants. Today, the program has 70 participants who learn valuable skills helping them develop independence and self-advocacy skills.

Daily workshops range from financial literacy to gardening, with one of the most popular being their newsletter club. *Pathways Patterns*, the PTO monthly newsletter is created entirely by the participants. Each month, program participants volunteer for one of the assignment roles and are voted in as editor, assistant editor, photographer, reporter, or creative designer. They learn how to use the internet to search for graphics, upcoming events and story ideas. They use technology to write their stories and create the individual pages. In addition to having an events calendar, weather section, a maze or word search, and section on disability awareness, the Pathways participants also like to write about what is going on with PTO.

"Some of the things they write about are their experiences, what classes they liked, how the program has changed over the past five years," said Scott McDonald, *Patterns* newsletter instructor.

McDonald works one-on-one with participants after they finish their assignments to help them edit, design and complete the newsletter. These participants get a valuable learning opportunity that enables them to be creative, learn how to manage deadlines and take responsibility for their assignment. Each month, there are additional learning opportunities with each new role working on a new newsletter.

"I have fun working on it," said PTO participant Grant Hampton, who has been a participant in the program since its inception.✴



From left, Danielle Kruse, Julian Agollari, Patricia Nielowicki and Scott Brown

photos provided

Exceptional Employers Event Reaches Out

Lee Association of Remarkable Citizen's (LARC) Exceptional Employers event was held September 12 at the Collaboratory. The inaugural event drew more than 80 attendees and recognized employers that hire individuals with intellectual and developmental disabilities (IDD) as well as exceptional employees with long tenure in their jobs.

"The goal of the event was to silence the stigma of employers hiring this overlooked population and share the benefits businesses have seen from employing these capable, talented individuals," said Kevin Lewis, LARC executive director. "There are many organizations in Southwest Florida, including LARC, that provide support services for individuals with disabilities seeking employment. We identify the strengths of individuals and match them to succeed at their desired job, and provide job coaching to support the employee and employer."

The event included networking and a panel discussion with local business owners and executives discussing best practices for employing individuals with



Linda Haas and Jeanne Beaulieu

disabilities. Panelists included Brian West, media and communications manager, Publix Super Markets; Pat Carroll, co-founder, Carroll Properties Investments; and David Mulicka, owner, HONC Destruction. Peter Busch, anchor at NBC-2 moderated the discussion.

"These employees are some of the most transparent, honest and hardworking individuals we have worked with," said Carroll. "We also found that



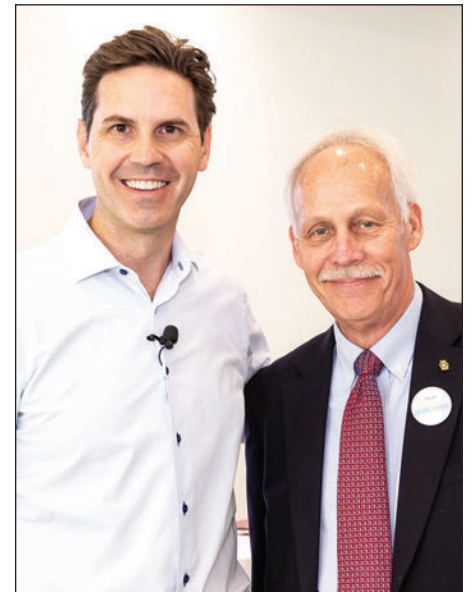
From left, David Mulicka, Pat Carroll and Brian West



Lenny and Angela Katz

our management team became closer and more like a family after we hired an individual with a disability."

"Hiring people with exceptional abilities is beneficial to businesses," said Angela Katz, LARC development director. "There are significant gaps in the workforce, particularly in the hospitality industry. Individuals with disabilities are loyal and hardworking, and businesses can fill many types of



Peter Busch and Kevin Lewis

jobs with employees who will stay for years, reducing turnover."

For more information about employing individuals with disabilities, contact Pamela Jenkins, director of community support services, at 334-6285 ext. 226 or pamelajenkins@larcleecounty.org.

To learn more about LARC, visit www.larcleecounty.org or contact Angela Katz at 334-6285 ext. 229.*



From left, Mateo Gonzalez, Paul Chaplow, Scott Brown and Tim Martin



From left, Pat Carroll, Marc Collins and Ashley Davis

Frankly Speaking



by Howard Prager

Ahhh, the scent is in the air with a change of seasons. It's time for the postseason. While football is a game of inches, baseball is a game of stats. Lots to share with the end of the regular season, with more records perhaps to be set in the postseason. Florida is represented by the Tampa Bay Rays with 96 victories in the Wild Card. They will either be playing the Houston Astros Friday – tough ticket – or be out of it by the time you read this. So, on to the stats. Four teams had over 100 regular season victories: The Astros (107), Dodgers (106), Yankees (103) and Twins (101). And, they say the ball is juiced – maybe so are the victories. However, four teams also ended the season with 100 losses or more: the Tigers (114), the Orioles (108), the Marlins (105) and the Royals (103), who won the World Series in 2015. Let's hope the Cubs aren't next to the bottom, as they finished out of the playoffs completely after being in

them four years in a row, including their drought-busting World Series victory in 2016. Ed Frank was in his glory then, sitting in our living room enthralled by every minute. But now the Cubs believe that they no longer have the right manager and bid adieu to Joe Madden, the first manager gone after the regular season. No doubt he will have his pick of jobs, and here's hoping he does a repeat... wish it was with the Cubs. So, as I mentioned up front, baseball aficionados love stats and records. Many were set this year, and I thank Anthony Castrovine for some of his quick and fascinating analysis of the past year. No walks please: AL Batting champ White Sox shortstop Tim Anderson (.335) had only 15 walks. How long ago was the previous record set? The fewest walks by a batting champ were 19 by Nap Lajoie (.378 average) in 1902. They own them: The Indians' record versus the Tigers, and the Astros' record versus the Mariners were both 18-1. In 50 seasons of divisional play, there had never been a season series in which one team beat another 18 times. And now it happened twice in 2019. Strike three: Here come the Astros, favored to win the World Series. Here are some reasons why. Gerrit Cole had 14 starts in which he struck out 10 or more and walked one or zero. That is the most ever, passing Curt Schilling's

13 starts with 10 or more in 2002. More stellar pitching: Three Astros starters finished the season with a sub-1.00 WHIP (Walks and Hits per Innings Pitched). Justin Verlander had a 0.80 mark, Zack Greinke was at 0.98 and Cole finished at 0.89. No team in the modern era has had that many qualified starters with a sub-1.00 WHIP (though obviously Greinke compiled 70 percent of his starts for the D-backs). Thanks to Hall of Famer Jayson Stark of *The Athletic* for this one. One last toast to Houston: The Astros are the first team ever to have a pitching staff with the highest strikeout rate in the majors and an offense with the lowest strikeout rate in the majors. More strikeouts: In 15 games this season, different teams got 20 strikeouts over the opposing team. This is an all-time record. The previous high was just last year with seven. They own the league: The Dodgers' winning percentage against fellow National League teams was .676. That's the highest by an NL team in its own league since the 1953 Dodgers posted a .682 mark. Nothing got by him: Indians catcher Roberto Pérez had no passed balls. He is just the fourth catcher with at least 900 innings caught and zero passed balls, joining Johnny Bench ('75 Reds), Milt May ('77 Tigers) and John Flaherty

('95 Tigers). More homers: It's hard to know what to make of the many homer records being broken in 2019. But just consider this: 13 times this season a team has lost despite hitting five or more homers. The previous high was 9, in 2000. The craziest stat of all: Cody Bellinger of the Dodgers finally homered off a pitcher for a second time. He got the Rockies' Jake McGee twice in a span of three weeks. Prior to that second homer off McGee on September 22, he had hit 45 homers off 45 different pitchers, which would have been a record. Lastly, this goes out to Tampa Bay Bucs fans. Coach Bruce Arians wrote "FINISH" in big letters after giving up an 18-point halftime lead and losing to the Giants earlier this season. Against the Rams last week, they Bucs found themselves in a similar circumstance but instead of giving up, they set a franchise record with 55 points with four forced turnovers to upset the Rams. Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.com.✴

Amateur Golf Series To Benefit Water Initiative

Fort Myers Country Club will be the site of the launch of a national amateur city team golf series to raise awareness of a \$100 million Global Water Initiative (GWI) to clean the world's waterways. The series will be held on Saturday, December 7 and will provide golfing opportunities at some of the best golf courses in America including Firestone, Oakmont, Congressional, TPC Stadium and Pebble Beach. "At American Marine University Research Institute (AMURI), our goal is to provide clean, safe usable water now and for future generations," said AMURI President Jim Simons. "Each day, AMURI's expertise is used to turn ideas into workable solutions. We take the best ideas, often co-developed under our federal cooperative research and development agreement (CRADA) with The National Oceanic and Atmospheric Administration (NOAA) and/or our preferred research partners and apply them directly to our world's most environmental and health-threatening water-related disasters." The \$100 million initiative will be powered by the golf world using the model of the highly successful First Tee program that today has 1,200 chapters and reaches more than two million kids annually. "In 1998, I had the privilege of being selected by the PGA Tour to start the First Tee program with former President George HW Bush as our chairman," said JD Daniel, senior vice president of AMURI.

"With the generous support of major golf organizations and fortune 100 companies, we raised \$100 million the first year. We anticipate similar success with the cleansing water platform, an issue that affects every person on the planet." "A snapshot of the current situation shows the entire coast of Mississippi closed, dogs dying all over the country and one third of Lake Okeechobee full of algae. This is a true environmental disaster playing out in the news media every day," said Daniel. At the heart of the AMURI-GWI is a Cooperative Research and Development Agreement between the Federal Government and AMURI. This agreement enables the best water cleansing technologies to be deployed immediately into Lake Okeechobee, the Great Lakes and the ever-growing 7,000 square mile dead zone in the Gulf of Mexico. "We are not about raising money to conduct another 50-year study on why 43 percent of the water in America is already considered contaminated, we are about getting systems in the water that can kill harmful algae blooms today," said Simons. The AMURI Golf Series will grow to 36 regional events where the winning team will represent their city and compete at the World Golf Village for a national championship in the fall of 2020. Each year the series will grow to help raise awareness of the world's most environmental and health-threatening water-related disasters. "The golf series will be a fun local way a team can support clean water with a chance to play some of the best golf courses in the world and help their city compete for a national championship,"

said Nick Dakos, Florida state director of AMURI. "For nongolfers, we have plenty of opportunities to help through volunteer programs with America Marine University, becoming a local city ambassador and up to a state director. Anyone concerned about their child or pet coming in contact with a local pond and becoming ill should join our team." Communities, organizations and individuals interested in being part of the Global Water Initiative should contact JD Daniel at 904-910-5318 or jddaniel@amuresearch.com or visit www.amuresearch.com. Fort Myers Country Club is located at 3591 McGregor Boulevard in Fort Myers. For information about participating in or sponsoring the Fort

Myers golf tournament, contact Nick Dakos at 470-8825 or ndakos@aol.com.✴ Overeaters Anonymous If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 130 at Sanibel Community Church on Tuesdays from 5 to 6 p.m. and on Fridays at 4 p.m. For more meeting information, visit www.southwestfloa.org. Sanibel Community Church is located at 1740 Periwinkle Way.✴

SPORTS QUIZ

1. Pitcher Freddy Peralta set a Milwaukee Brewers rookie record in 2018 for most strikeouts in a game (13). Name two of the four pitchers who had held the franchise mark of 12.
2. In 2004, Arizona's Randy Johnson became the oldest major-league pitcher to throw a perfect game. How old was he?
3. The all-time leader for touchdown receptions in the NFL playoffs is Jerry Rice, with 22. Name either of the two players tied for No. 2.
4. Who was the last men's college basketball player before Murray State's Ja Morant in 2019 to notch a triple-double in an NCAA Tournament game?
5. The Carolina Hurricanes have reached the NHL Stanley Cup playoffs six times since 1998. How many of those times did they advance to at least the conference finals?
6. Alex Morgan tied a Women's World Cup soccer single-game record in 2019 with five goals in a game. Who else holds the mark?
7. Name either of the two fighters George Foreman defeated between winning the heavyweight boxing titles from Joe Frazier in January 1973 and losing them to Muhammad Ali in October 1974.

ANSWERS

1. Teddy Higuera (1985), Juan Nieves (1986), Cal Eldred (1992) and Steve Woodward (1997). 2. He was 40 years old. 3. Rob Gronkowski and John Stallworth, with 12 each. 4. Draymond Green of Michigan State, in 2012 (24 points, 12 rebounds, 10 assists). 5. Four times. 6. Michelle Akers, who did it in 1991. 7. Jose Roman and Ken Norton.



Armando Llechu gets his head shaved by McKenzie Hummer

photos provided

Heads Shaved For Pediatric Cancer Month

City of Fort Myers Mayor Randy Henderson joined Golisano Children's Hospital of Southwest Florida Chief Administrative Officer Armando Llechu, and dozens of others including doctors and team members, community leaders and influential individuals from Southwest Florida, to have their heads shaved by pediatric cancer patients on September 27 during the 2nd annual Clips for Cancer event.

To raise awareness and drive philanthropic support for local children with cancer, these "hero sidekicks" asked the Southwest Florida community to make donations to Barbara's Friends – Golisano Children's Hospital Cancer Fund. For more than 20 years, Barbara's Friends has supported lifesaving cancer care for children across Southwest Florida at Golisano Children's Hospital. The Pediatric Hematology and Oncology Program is the only program of its kind in Southwest Florida, and no child is denied treatment or turned away as a result of their family's ability to pay for care.

"What this occasion affords us is the opportunity to embrace our children who are fighting this wretched disease so they can have a normal life," Henderson said. "The way we fight this disease is through money and research."

A theme of heroes and sidekicks highlighted the heroic stories of Golisano Children's Hospital cancer

patients who shaved the heads of volunteer sidekicks. Heroes included Sarai Salinas-Hernandez, who at 5 years old was diagnosed with stage 4 cancer. Sarai needed radiation five days a week for several months and is currently receiving chemotherapy treatments. Through it all, Sarai keeps smiling and lights up a room with her laugh.

Another hero, Juan Carlos Frenes-Lopez, was diagnosed with leukemia when he was 3 years old and received chemotherapy treatment for three years. Now age 9 and an offensive lineman for his football team, he has long luxurious hair. He cut his ponytail to have it donated in hopes it will help another child with cancer feel better about losing her hair.

Hero McKenzie Hummer, who inspired Llechu last year to hold the event, was diagnosed at 8 years old with an aggressive, cancerous brain tumor. Twenty surgeries, 30 radiation treatments, 10 months of chemotherapy and numerous hospital stays and doctor visits followed. Over the last few years, she has battled late-effect complications as a consequence to the treatments she received to save her life. She is a strong young hero that continues to defy the odds every day.

Other heroes included: Randy Ramos, Felix "Diego" Santiago, Kadin Williams, Adam Rodriguez, Cali Trepkowski, Becca Perdue and Jordon Delorenzo.

"We were able to raise funds as well as make memories for the children," Llechu said. "Words cannot express the gratitude for the community, sponsors and volunteers who participated. We are

Sunday evenings with select matinees. Tickets are \$48 to \$73 with children and group prices available.

Broadway Palm Dinner Theatre is located at 1380 Colonial Boulevard in Fort Myers. For more information or tickets, call 278-4422, visit www.broadwaypalm.com or stop by the box office. For more tour and casting information, visit www.findingneverlandthemusical.com.

From page 1

Broadway Palm

this monumental leap, leaving his old world behind for Neverland, where nothing is impossible and the wonder of childhood lasts forever. The magic of Barrie's classic tale springs to life in this heartwarming theatrical production.

Performances are Wednesday through



Sarai Salinas-Hernandez begins to buzz the hair of Mayor Randy Henderson


so thankful for the Southwest Florida community, the love they have for Golisano Children's Hospital and more than anything the love they show for the children and families we care for."

Twenty-eight local Great Clips salons donated their time and skills to clean up the sidekicks after the pediatric patients finished shaving. Community supporters also included Mel's Diner, IMAG Science and History Museum, Love Boat Ice Cream, Bruno's of Brooklyn, Deep Lagoon Seafood, Valvoline, Florida Repertory Theatre, The Little Gym, Dunkin', Blackbeard Company

Barbershop and ImageDepotExpress.com.

"Great Clips was honored to sponsor Clips for Cancer," said Jeffrey Scholl, Great Clips franchise owner. "Thanks to our customers who donated and our stylists who donated their time. Donations from our customers and salon owners totaled more than \$17,000."

For more information about helping kids with cancer in Southwest Florida, call Lee Health Foundation at 343-6950 or make a donation at www.leehealthfoundation.org/clipsforcancer.



JOIN ROSS HAUSER, MD FOR
3 FACEBOOK LIVE WEBINARS!

OSTEOARTHRITIS
TUESDAY, OCT 8 | 2-4PM

CERVICAL INSTABILITY
TUESDAY, NOV 5 | 2-4PM

VAGUS NERVE FUNCTION
TUESDAY, DEC 3 | 2-4PM

Sponsored by Caring Medical Regenerative Medicine Clinics
9738 Commerce Center Ct.
Fort Myers, FL 33908
239-308-4725 | CaringMedical.com

Dr. Hauser will cover both basic and in-depth information about these conditions and how Prolotherapy is used for resolving them, with research and information from his upcoming book *Joint Instability: The Missing Diagnosis*. Send your questions in live via Facebook, or email them ahead of time to DrHauser@CaringMedical.com.

Doctor and Dietician

Lemon Lovers



by Ross Hauser, MD
and Marion Hauser, MS, RD

Since moving to Sanibel, we have become lemon lovers. Not only do we like eating all things lemon, but we love wearing lemons! Dr. Hauser loves yellow – so lemons make sense for our household, right? We both wear lemon-themed clothes, and Marion’s last birthday party theme was lemons. Odd, you say? But lemons are healthy!

A recent article in *Healthline* reveals that lemons are not only delicious but possess many health benefits. The article provided six evidence-based health benefits of lemons. 1. Supports heart health due to their high vitamin C content. Hesperidin and diosmin found in lemons have been shown to lower cholesterol. 2. Lemons and weight loss. We feel that adding lemon juice/

zest to your water encourages you to drink more water without calories, thus making you feel fuller. 3. Lemon juice of a half cup daily may provide enough citric acid to help prevent kidney stones in those who have already had them. 4. Lemons help you fight anemia because their vitamin C and citric acid content help absorption of non-heme iron from plant-based foods. 5. Some chemicals in lemons have been shown to prevent cancer in animal studies, but more human studies are needed. 6. The pulp of lemons helps improve digestion, improves gut health and slows digestion of sugars, thus may help with blood sugar reduction.

Hot weather makes your blood more alkaline, thus the acidity of lemons helps neutralize your blood pH and cool you off. Explore lemon recipes and add lemon juice or zest wherever you can. Make a simple salad dressing, add lemon to your fish, season your veggies with lemon and herbs, create a lemony pasta (maybe, just maybe, I’ll share my recipe), make a refreshing dessert and give your drinks a little zest, including your water. Love lemons!

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.**

Title Sponsors For Mental Health Luncheon

Lee Health and Kids’ Minds Matter, who have launched a special partnership to address mental health needs in the community, will join together as title sponsors for the Hope Clubhouse of Southwest Florida Faces of Hope Who Give Mental Health Luncheon at Broadway Palm Dinner Theatre on Monday, October 28 from 11 a.m. to 1:30 p.m.

“Lee Health’s sponsorship of Hope Clubhouse – through Kids’ Minds Matter – is absolutely vital, not just because mental illness knows no age limit, but, equally, because we must offer those afflicted the promise of dignity, purpose and a loving community. Simply put, this is our calling as a moral, compassionate and humane society,” said Paul G. Simeone, Lee Health vice president and medical director of behavioral and mental health.

VIP reserve tickets are currently available at \$100 each. If seats are still available on October 1, a limited number of general admission tickets may go on sale for \$75. A variety of sponsorship opportunities are available. For tickets or sponsorships, visit www.hopeclubhouse.org.

Hope Clubhouse is a non-profit organization, which provides a pathway of hope and opportunities for education

and employment for hundreds challenged by mental health issues.

“This is a hugely important sponsorship for us,” said James Wineinger, executive director of Hope Clubhouse. “To have Sarah Owen as our keynote speaker and Lee Health as our title sponsor, that is a really powerful combination.”

The Faces of Hope event raised a record-breaking \$133,000 in 2018, but event chair Diana Willis wants another record, challenging the community to reach the \$200,000 mark this year. “We want to work hard to continue that trend,” Wineinger said.

This year, Kids’ Minds Matter is helping Lee Health launch a first-of-its-kind program, called TelePsyche, which offers advice and counseling through digital services to Southwest Florida families on mental health concerns, like depression, anxiety and trauma.

Kids’ Minds Matter raised more than \$3 million last year to open doors for children, who need psychiatrists, psychologists and mental health resources.

Both Lee Health and Kids’ Minds Matter have prioritized the need for mental health resources for a state that ranks last in per capita funding for mental health. Statistics show one in five children, ages 13 to 18, will experience a severe mental health issue.

Broadway Palm Dinner Theatre is located at 1380 Colonial Boulevard in Fort Myers. For more information or to donate, call 267-1777 or visit www.hopeclubhouse.org.*

dearRPharmacist

Berberine Helps Brain-Related Disorders



by Suzy Cohen, RPh

Dear Readers: Everyone understands that insulin levels play a role in blood sugar metabolism and that insufficient levels lead to hyperglycemia and then diabetes. Insulin is a taxi for blood sugar, as it shuttles

the sugar into the cell, and therefore it lowers levels in the bloodstream.

It is also accepted that normal levels of insulin can play a role in diabetes IF the insulin is not allowed into the cell. We call this insulin resistance, and it is also part of diabetes.

What if the insulin is really high? You might think that blood sugar would be low, but that’s not so. You can have hyperinsulinemia and still have high blood sugar. Weird but true, because hyperinsulinemia means there is more insulin circulating in the blood stream compared to glucose.

No one really talks about brain changes associated with hyperinsulinemia and diabetes. High insulin causes you to retain more dangerous beta amyloid plaques, instead of clearing those out like normal.

One can develop very serious dementia and problems with memory and even Alzheimer’s if insulin levels remain high. Depression too! Levels vary so refer to the reference range on your own lab test. Just FYI, you can test your blood levels at any laboratory, or through any physician.

One point I’d like to make is that you cannot leave yourself to “wait and see” if you have hyperinsulinemia because it can

damage your brain and hasten cognitive decline and mood disorders.

Berberine, a natural herbal extract appears to be helpful with cognitive decline related to diabetes. It helps control some of the free radicals associated with these problems, and we also know it is a rising star in terms of creating more insulin sensitivity.

Chronically elevated blood sugar or insulin will cause you to form more AGEs, short for Advanced Glycation End products, which are like little misses in your blood stream. What’s so odd is that there is more than likely lower levels of insulin in the spinal cord (cerebrospinal fluid). But it could be high in your blood vessels. Don’t worry about those details, just know that berberine is useful, and it’s an herb you can buy without prescription nowadays.

Berberine was evaluated recently and I read the article which was published in *Frontiers in Pharmacology*, September 2019.

The title means that berberine makes learning and memory recall better by acting as a strong anti-inflammatory. More specifically, berberine was found to increase acetylcholine levels in rodents with diabetes. Acetylcholine, as you know, is one of your memory molecules. It raises the levels of acetylcholine by slowing down the breakdown of this compound, so it stays alive in the synapse longer.

It is so amazing that a plant-based chemical has the same mechanism of action that our Alzheimer’s drugs do. Remember high insulin (and high blood sugar) accelerate cognitive decline, and there are natural herbal supplements to help with this. Talk to your physician if you plan to combine herbs with medications in order to avoid interactions and sudden hypoglycemia.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.**

From page 1

Boat Racing

to deliver an expanded, cohesive, world class race series split equally between northern and southern states. This year’s Roar Offshore will be live streamed on facebook.com/powerboatP1WC and a post race broadcast on CBS Sports will air on Sunday, October 20 at noon.

“We want to stage events that excite and entertain, ensuring enjoyment for spectators and TV audiences with sponsor value and a real economic impact for the host venues,” said Rangoonwala.

Roar Offshore President Tim Hill said, “Race teams come from all over the world to compete. Both visitors and residents can enjoy a number of pre-race parties, and seize the opportunity to see the powerboats up close.” A parade of boats over the bridge onto Old San Carlos Boulevard kicks things off on Thursday, October 10 followed by a street party. A race village, where all the race teams will be on display, opens at Salty Sam’s Marina, 2500 Main Street

on San Carlos Island, on Friday, October 11 at 9 a.m. Race teams will be testing Friday, so there will be plenty of action out on the water as well.

All the racing action takes place on Saturday, October 12, with a kick-off at 11 a.m. and the start/finish line at DiamondHead Beach Resort, located at 2000 Estero Boulevard on Fort Myers Beach. There will be an awards ceremony at the resort following the races at 6:30 p.m.

Remote parking offering shuttles to the beach will be located at Century Link Stadium, LaMotta’s Italian Restaurant and Peace Lutheran Church on Friday and Saturday.

The title sponsor of the festival is SunStream Hotel and Resorts. Contact Cyndee Hill at 238-0777 or cyndee@roaroffshore.com for information on volunteer opportunities.

Race Day VIP Packages and Championship VIP Weekend Packages are available. For more information, the complete race schedule and course map or to purchase a VIP race viewing package, visit www.roaroffshore.com.*

PETS OF THE WEEK photos provided

Lee County Domestic Animal Services
Big Ben And Bella



Big Ben ID# A791298

Hello, my name is Big Ben. I am a 1-year-old male pit bull who has lost his family, my teammate (he is clearly showing you how he feels about him) and now my namesake is on the injured list. Not my year so far. I am willing to be traded for the right family. My agent is available to talk shop. I am a spirited dog with lots of energy, so if you are active, I am the dog for you.

My adoption fee is \$10 to \$40 depending on which football you draw.

Hi, I'm Bella. I am a 7-year-old female domestic shorthair who is a staff and volunteer favorite here at Lee County Domestic Animal Services. They would like you to know my silky black coat is as soft as can be, and I absolutely love to climb up on



Bella ID# A774090

the couch next to you and snuggle. I like to follow everyone around and see what they are up to or maybe just to hang out with them.

My adoption fee is \$10 to \$25. Since I am a senior pet, myr maximum adoption fee is \$25.

It's 'Game On' at Lee County Domestic Animal Services for Football Season in September. As football fans prepare for football season, Lee County Domestic Animal Services suggests adopting a special four-legged friend to help cheer on the home team. Adopters will draw mini footballs for reduced adoption fees. Adoption fees will range from \$10 to \$40 depending on if someone scores a first down or a touchdown.

*The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.lee.gov/animalservices or call 533-7387.**

Haven on Earth Animal League
AbbyCaDabby And Winter



AbbyCaDabby



Winter

Hi, I'm AbbyCaDabby. After six years, my family decided they didn't want me anymore. I have a beautiful snowshoe coat and piercing blue eyes. I'm up to date on all vaccines and very healthy. I just need someone to give me a chance. My adoption fee is \$100.

Hello, I'm Winter. I'm a 4-year-old female with a sad story. My owner died, and the family surrendered me. I am very sweet and really need to find someone to love me forever. I'm up to date on all vaccines and healthy. My adoption fee is \$100.

We are being cared for by Haven on Earth Animal League. For more information,

call Diane at 860-833-4472 or email haveneearthanimalleague@yahoo.com.*

PAWS Of Sanibel
Sweetie Pie

PAWS has a beautiful young mother cat up for adoption. Her name is Sweetie Pie and she is approximately one year old. She has had all her shots, was combo-tested negative, wormed, treated for fleas and had spay surgery.

All of her kittens have been adopted and now she is wandering around wondering where everyone went. If you would like to meet Sweetie Pie, call Pam at PAWS, 472-4823.*



Sweetie Pie



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500
ARTS	
Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Harmonica Band	610-653-7940
Fort Myers Symphonc Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321
CLUBS & ORGANIZATIONS	
American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Coral Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE(National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900
AREA ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingdon Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: press@riverweekly.com

PUZZLES

Answers on page 29

Super Crossword

HOT
TICKET

- ACROSS
- 1 Persistent dull pain

5 Bohrer studied them

10 Really toil

15 Mule or flat

19 Stubble spot

20 Thieving sort

21 Evita of "Evita"

22 Bigwig's benefit

23 Units of absorbed dose

24 Ending theme for Roy Rogers' show

26 Mata — (famous spy)

27 Ultimately occupy

29 Fencing implements

30 Added to the database

32 Unsaturated solid alcohols

33 "Cybill" actress Pfeiffer

34 Dozing audibly

35 Sam of "Sirens"

36 Rouse

37 Kind of PC terminal
- 39 Stephen of "Roadkill"

40 Conscious

45 Summertime drink

46 Whale herd

49 Most uncanny

51 Expand

52 Ancient region in Asia Minor

54 Perfume

55 Forest clearing, e.g.

58 Under oath

59 Smell — (be leery)

60 Rub away

61 Kitchen appliance producer

63 Piled up debt

64 Fix as a cobbler might

66 Old-time actor/singer Paul

68 Tea brand

70 French water

71 Tim Tebow's 2007 award

74 Turn sour

75 Sunlit courts

77 Noblewomen

78 Provide (with)

80 Really must
- 82 Picks up and hauls in

84 Herring's kin

88 Solitary sort

91 Navy inits.

94 Actor Ed

95 "... lion, out like —"

96 Parked it

99 Famous

102 Parts of dols.

103 NBC show since '75

104 Company maxim

106 Churchill Downs, e.g.

109 Impish kid

112 Forming a single entity

113 OPEC vessel

115 Troublesome critter

116 Part of IRS

117 Pig's sound

118 Person flying the coop

119 Plaits of hair

120 Present perfect, e.g.

121 Fishers using nets
- 5 "Iliad" hero

6 Bilingual person, at times

7 Alley- — (hoops play)

8 Bike with a small engine

9 Big name in voice chat

10 Lively outing

11 Sublet, say

12 Shapiro of NPR

13 Beetle producer

14 Port in Lower California

15 Marble, e.g.

16 Going in the direction of

17 Hatch on the Senate floor

18 Struggling to earn, with "out"

25 "Life" director Demme

28 French fashion designer Paul

31 Rustic types

37 The "C" of C-section

38 Enact again

40 "Super!"

41 Place to order a Chianti, say
- 42 They may be classified

43 Buffets, e.g.

44 Inflames with love

47 Supplied with ventilation

48 Official charges

50 Turned on by

53 Missing, militarily

56 Analyze in grammar school

57 Birchbark craft

60 Extra-wide, as footwear goes

62 Gray color

65 City in Tibet

67 Ethyl or propyl ending

69 — Rock (central Australian landmark)

72 Nano and others

73 Sacred hymn

76 Driver's lic. and such

79 Maiden-named

81 Nonsense song syllable
- 83 Back stroke?

85 Cuzco native

86 Buyer's bottom line

87 Author Caldwell

88 Thin slices of bacon

89 The U.S., to Mexicans

90 Phone up

91 Not injured

92 Oklahoman, informally

93 Try very hard

96 Gnu or okapi marking

97 Expiating person

98 Calorific cakes

100 Eleanor of kid-lit

101 College officials

104 French kin of "danke"

105 TV financial adviser Suze

107 Not made up

108 Deli loaves

110 Fashion's Saint Laurent

111 Stun, as with a police gun

114 Silent film star Chaney

1	2	3	4		5	6	7	8	9		10	11	12	13	14		15	16	17	18		
19					20						21						22					
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116																		118				
119																						
119											120							121				

King Crossword

- ACROSS
- 1 Bread choice

4 Ignore

8 Platter

12 "— the fields we go"

13 Watergate evidence

14 "Do — others ..."

15 Succumb to gravity

16 Bloodhound's clue

17 Poker variety

18 Half an aphorism

21 Atmosphere

22 Spring time

23 Counterfeit

26 Festive

27 Kreskin's claim

30 "— Lang Syne"

31 Tenor Peerce

32 Tolerate

33 Spelldown

34 Follow relentlessly

35 Linger

36 Old French coin

37 Scale member

38 18-Across' other half

45 PC operator

46 Requisite

47 Martini ingredient
- 48 Stead

49 Figure-skating jump

50 Genetic stuff

51 Mary's follower

52 Muse's musicmaker

53 Early bird?
- 7 "The Seventh Seal" director

8 Failing the white glove test

9 Grooving on

10 Phaser setting

11 "The Da Vinci —"

19 Praise highly

20 Put into words

23 "Terrif"

24 Wish otherwise

25 Hearty quaff

26 Joke

27 Wet wriggler
- 28 "Erie Canal" mule

29 Use a crowbar

31 Blog

32 Ointment

34 Fawn's mom

35 Random drawing?

36 Bush

37 Villain's look

38 Sea flier

39 Largest of the seven

40 Abound

41 Alluring

42 Shrek, e.g.

43 Croon

44 Hosiery mishap

MAGIC MAZE

GRAMMY
LIFETIME
ACHIEVEMENT
AWARD

B E C Z X U Y S Q N L J G N E
C Z X V T B R P N L H Y Y O J
H E C A S E Y W V T C E E T R
P A N O N Y N L K I A L N G G
E (K R I S T O F F E R S O N) C
B C L T L Z Y B X W A E O I U
S C R P A R Y P H O H R L L M
L J I G R N E R E C C P C L D
B A Y E X I I B T O A W U E T
S Q B P O N D S L U B E G A P
L K J H G F S E L T A E B D C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Autry

Bacharach

Beach Boys

Beatles
- Berlin

Berry

Cline

Clooney
- Crosby

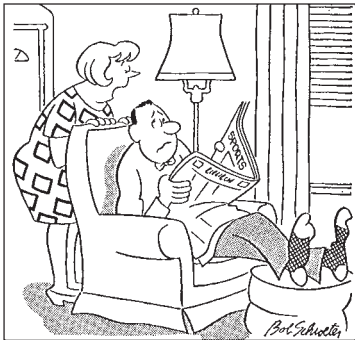
Ellington

Kristofferson

Page
- Presley

Pride

Sinatra



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Clout
DIRECT _____

Dismay
ARCHING _____

Collide
RIKETS _____

Divert
WEVERS _____

TODAY'S WORD

	2				8	9		
	6	5		7			8	
1			2					7
4			3			6		9
		3		1			2	
	1				5	7		
	4			3	1			8
		2		6		4		
7			8				6	

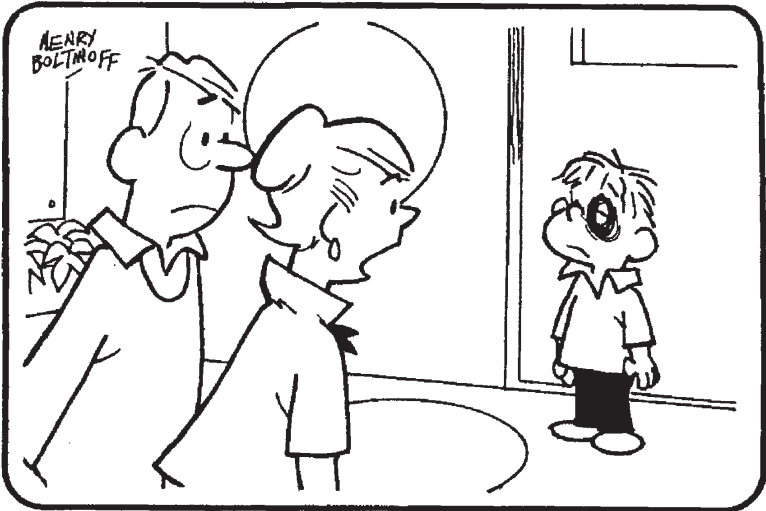
SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

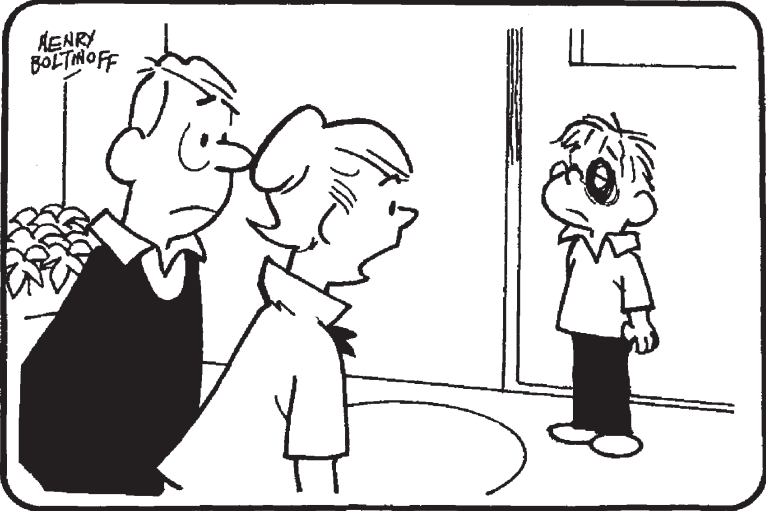
answer on page 29

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Man's sweater is black. 2. Plant is fuller. 3. Picture is missing. 4. Boy is taller. 5. Earring is missing. 6. Boy's right arm is hidden.



Grilled Swordfish with Mango Chutney

Grilled Swordfish
2-3 (6-ounce) swordfish steaks
1 tablespoon olive oil
1 tablespoon all-purpose seasoning (your favorite)
1 tablespoon fresh herbs (such as parsley or thyme)
Sea salt and fresh ground pepper, to taste

Mango Chutney
2 mangoes, diced small
1/2 cup bell peppers, diced fine
2 tablespoons Key lime juice
1 tablespoon Orange Blossom honey
1 tablespoon olive oil
1 tablespoon unsalted butter
1/3 cup onion, diced fine
1 tablespoon white vinegar
1/4 cup sweet chili sauce
1/4 teaspoon red pepper flakes (or more, to taste)
1/2 teaspoon fresh ginger, grated
1/2 teaspoon curry powder
Sea salt and fresh ground pepper, to



Grilled Swordfish with Mango Chutney

photo courtesy Fresh From Florida

taste
Prepare grill (gas or charcoal). Drizzle 1 tablespoon olive oil on swordfish and season with salt, pepper, fresh herbs, and all-purpose seasoning. Place fish on grill (or in grill pan) over direct heat and cook

for 3-4 minutes (depending on thickness). Turn over and cook for additional 3 minutes or until cooked through. Remove from heat and set aside.
On hot grill or stove top, preheat small pan over medium heat. Add 1

1/2 tablespoons olive oil and remaining chutney ingredients. Bring to boil, reduce heat to simmer and cook for 6-8 minutes. Remove from heat and set aside for 5 minutes. Spoon over swordfish and serve immediately.✽

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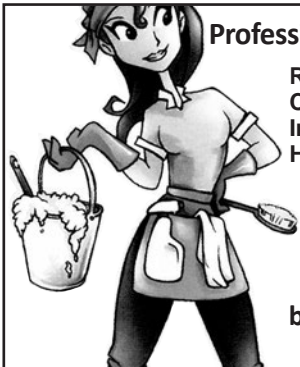
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My Stars ★★★★★

FOR WEEK OF OCTOBER 7, 2019

Aries (March 21 to April 19) An upcoming trip could create some problems with your schedule unless you tie up as many loose ends as possible before you head out the door. Ask a friend or colleague to help you.

Taurus (April 20 to May 20) Being eager to start a new project is fine. However, moving ahead without knowing what actually will be expected of you could cause a problem down the line. Ask some questions.

Gemini (May 21 to June 20) Getting through some recent challenges in good shape might give you a false sense of security. Don't relax your guard. You need to be prepared for what else could happen.

Cancer (June 21 to July 22) Caution is still advised, even though you think you're as prepared as you need to be. Keep in mind that change is in your aspect, and you should expect the unexpected.

Leo (July 23 to August 22) The Lion's gift of persuasion helps you get your points across, even to some of your most negative naysayers. An old friend might seek you out for some advice.

Virgo (August 23 to September 22) Being sure of your convictions is fine. But leave some room for dissenting opinions. You might learn something that could help you avoid a possible problem later on.

Libra (September 23 to October 22) Getting good legal advice on what your rights actually are is the first step toward resolving that pesky problem so that it doesn't re-emerge at a later date. Good luck.

Scorpio (October 23 to November 21) Longtime relationships work well this week, whether they're personal or professional. It's a good time to invite new friends and colleagues into your life.

Sagittarius (November 22 to December 21) This is a good week to do the research that will help you uncover those irrefutable facts that can back you up on your new venture when you most need it.

Capricorn (December 22 to January 19) Change is an important factor in your aspect this week and could affect something you might have thought was immune to any sort of adjustment or "alteration."

Aquarius (January 20 to February 18) Being asked to share someone's deeply personal confidence might

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September 27, 2019

Place Classified







FRIDAY
Partly Cloudy
High: 85 Low: 81




SATURDAY
Mostly Cloudy
High: 88 Low: 84




SUNDAY
Partly Cloudy
High: 87 Low: 83




MONDAY
Cloudy
High: 86 Low: 79



TUESDAY
Cloudy
High: 84 Low: 80



WEDNESDAY
Mostly Cloudy
High: 81 Low: 77



THURSDAY
Partly Cloudy
High: 79 Low: 75

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	4:26 am	12:31 pm	None	None	Fri	3:31 am	12:33 pm	None	None	Fri	5:04 am	12:14 pm	6:48 pm	11:48 pm	Fri	6:36 am	1:05 am	None	3:47 pm
Sat	5:16 am	1:49 pm	None	None	Sat	4:21 am	1:51 pm	None	None	Sat	5:40 am	1:13 pm	7:39 pm	None	Sat	7:26 am	5:05 pm	None	None
Sun	6:31 am	3:05 pm	11:41 pm	None	Sun	5:36 am	3:07 pm	10:46 pm	None	Sun	6:21 am	12:28 am	8:36 pm	2:22 pm	Sun	8:41 am	6:21 pm	None	None
Mon	8:19 am	2:08 am	11:59 pm	4:08 pm	Mon	7:24 am	2:10 am	11:04 pm	4:10 pm	Mon	7:30 am	2:15 am	9:42 pm	3:27 pm	Mon	1:51 am	5:24 am	10:29 am	7:24 pm
Tue	9:56 am	3:50 am	None	4:58 pm	Tue	9:01 am	3:52 am	11:24 pm	5:00 pm	Tue	8:58 am	3:32 am	11:30 pm	4:29 pm	Tue	2:09 am	7:06 am	12:06 pm	8:14 pm
Wed	12:19 am	4:51 am	11:05 am	5:38 pm	Wed	10:10 am	4:53 am	11:41 pm	5:40 pm	Wed	10:27 am	4:42 am	None	5:30 pm	Wed	2:29 am	8:07 am	1:15 pm	8:54 pm
Thu	12:36 am	5:35 am	11:58 am	6:11 pm	Thu	11:03 am	5:37 am	11:56 pm	6:13 pm	Thu	12:25 am	5:48 am	11:49 am	6:23 pm	Thu	2:46 am	8:51 am	2:08 pm	9:27 pm

PUZZLE ANSWERS

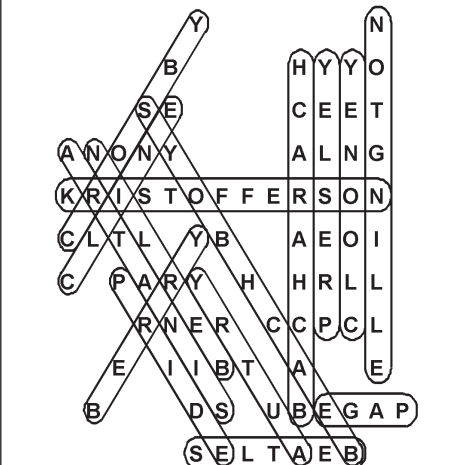
SUPER CROSSWORD

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C	H	I	N		C	R	O	O	K		P	E	R	O	N		P	E	R	K	
R	A	D	S		H	A	P	P	Y		T	R	A	I	L	S		H	A	R	I
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KING CROSSWORD

R	Y	E		S	N	U	B		D	I	S	C	
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MAGIC MAZE



SUDOKU

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6	7	3	9	1	4	8	2	5
2	1	9	6	8	5	7	3	4
5	4	6	7	3	1	2	9	8
8	3	2	5	6	9	4	7	1
7	9	1	8	4	2	5	6	3

be flattering, but accepting could be unwise. Decline gracefully but firmly.

Pisces (February 19 to March 20) As wise as you are, you could still be misled by someone who seems to be sincere but might not be. Take more time to assess the situation before making any commitments.

Born This Week: You like to face challenges that others might try to avoid, and by so doing, you set an example of courage for all.

MOMENTS IN TIME

- On Oct. 9, 1635, religious dissident Roger Williams is banished from the Massachusetts Bay Colony by the General Court of Massachusetts. Williams had spoken out against the right of civil authorities to punish religious dissension.
- On Oct. 13, 1775, the Continental Congress authorizes construction and administration of the first American naval force, the precursor to the United States Navy, which was established April 1798.
- On Oct. 12, 1786, widower Thomas Jefferson composes a romantic and introspective love letter to a married woman named Maria Cosway, who he'd met in Paris earlier that year. Eventually Jefferson's ardor cooled, and in 1789 he wrote more about his scientific studies than of his love and desire for her. The now-famous letter is known to historians as "A Dialogue between the Head and Heart."
- On Oct. 7, 1943, Rear Adm. Shigematsu Sakaibara, commander of the Japanese garrison on Wake Island, orders the execution of 96 Americans

POWs, claiming they were trying to make radio contact with U.S. forces. The cold-blooded executions remain one of the more brutal episodes of the war in the Pacific.

- On Oct. 10, 1957, President Dwight Eisenhower offers his apologies to Ghana's finance minister, Komla Agbeli Gbedemah, who was refused service at a restaurant in Dover, Delaware. It was one of the first of many such incidents in which African diplomats were confronted with racial segregation in the U.S.
- On Oct. 11, 1962, Pope John XXIII convenes an ecumenical council of the Roman Catholic Church, the first in 92 years. The pope hoped to bring spiritual rebirth to Catholicism and cultivate greater unity with the other branches of Christianity.
- On Oct. 8, 1970, Aleksandr Solzhenitsyn, Russia's best-known writer, wins the Nobel Prize for literature. The Soviet government demonstrated its displeasure over Solzhenitsyn's writings by preventing him from personally accepting the prize.

STRANGE BUT TRUE

- It was noted 20th-century author of speculative fiction Harlan Ellison – whose writing credits include episodes of the original *Star Trek* series – who made the following sage observation: "The two most common elements in the universe are hydrogen and stupidity."
- After his death in 2005, the ashes of Hunter S. Thompson – pioneer of "gonzo" journalism and author of the infamous novel *Fear and Loathing in*

Las Vegas – were fired spaceward from a giant cannon to the accompaniment of fireworks and the Bob Dylan song *Mr. Tambourine Man*.

- Wasps, evidently, don't have any time to waste. Those who study such things say that they take less than a minute to complete their courtship and mating rituals.
- All species of dog have a pink tongue – except one. Chows' tongues are black.
- The automatic dishwasher was invented way back in 1886. A woman named Josephine Cochrane came up with the idea because she was unhappy with the way her fine china was being chipped by the servants who were washing it.
- According to a recent Zinus study on sleep anxiety in America, women are more likely than men to dream about being chased and having teeth fall out. Men, though, dream more often about being naked in public and flying.
- If you're thinking of redecorating your child's room, you might want to keep this in mind: Studies show that the color pink has a soothing effect on children, blue lowers their blood pressure and increases attentiveness, and yellow excites and cheers kids. Avoid red if at all possible; it has been shown to raise children's blood pressure, respiration and heart rate as well as brain and muscle activity.

THOUGHT FOR THE DAY

"Unfortunately, computers are also stupid. Unlike human beings, computers possess the truly profound stupidity of the inanimate." – Bruce Sterling

TRIVIA TEST

- Anatomy:** What is a more common name for the condition called podobromhidrosis?
- Music:** Which famous rock singer was born with first and middle name Michael Phillip?
- Literature:** What was the name of the mountain featured in *The Hobbit*?
- Television:** Which 1960s animated show included a character called Sweet Polly Purebred?
- Entertainers:** Which swashbuckling actor penned an autobiography titled *My Wicked, Wicked Ways*?
- U.S. Presidents:** What was President Richard Nixon's Secret Service code name?
- Movies:** On which planet did Luke Skywalker grow up in the *Star Wars* series?
- General Knowledge:** Which island nation sometimes is referred to poetically as Inisfail?
- Animal Kingdom:** What is a group of porcupines called?
- Language:** What does the word "zorro" mean in Spanish?

TRIVIA ANSWERS

- Stinky feet
- Mick Jagger
- Lonely
- Mountain
- Undertow
- Searchlight
- Tatooine
- Ireland
- prickle
10. Fox

Power Down Or Sleep Mode To Save Money

There are many simple and free ways to save on your electric bill. One simple trick is to power down your computer when you are not using it. If shutting down your PC is not an option for you, LCEC energy experts recommend that you put your computer in sleep mode whenever possible.

The cost difference for keeping your desktop computer with an LCD screen on

24/7 for all 365 days in a year includes Fully powered: approximately \$89 Sleep mode: approximately \$20 The following are some additional ways to save when it comes to your home computers:

Power off monitor if you will be away from your computer for more than 20 minutes.

Power off your computer and monitor if you will be away from your computer for more than two hours.

Ditch your desktop for a laptop, which uses substantially less electricity.

Look for the Energy Star logo when purchasing electronics.

For more ways to cut your energy

costs, visit the Energy Efficiency tab at www.lcec.net.✱

Student Loan Forgiveness For Teachers, Nurses

The federal government may forgive all or part of teachers' and nurses' federal student loans if they meet certain requirements. The forgiveness options, according to Kentucky Higher Education Assistance Authority (KHEAA), include:

Teacher loan forgiveness – To qualify, you must teach at least five full years in a low-income school in an eligible district. Depending on your field, you may have up to \$17,500 in student loans forgiven. For complete details, visit www.ed.gov.

Nursing loan forgiveness – You must be at least a registered nurse and agree to work full time for at least two years in a critical shortage facility. If you fulfill your agreement, 60 percent of your loan balance will be forgiven. Another 25 percent will be forgiven if you work a third year. Nurses teaching at an accredited school of nursing may also qualify. For complete details, visit www.bhw.hrsa.gov. One thing to remember is that the

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9/20 ✱ 10/4

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9/27 ✱ 10/18

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10/4 ✱ 10/11

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10/4 ✱ TFN

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10/4 ✱ 10/4

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Salary: Pay Commensurate with Experience
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10/4 ✱ TFN

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moving sale
9/27 ✱ 10/4

SCRAMBLERS

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3. Strike; 4. Swerve
Today's Word
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10/4 ✱ 10/11

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Internal Revenue Service counts the amount forgiven as income. You should talk with a tax professional to understand the impact it may have on your taxes.

KHEAA is a public, non-profit agency established in 1966 to improve students' access to college. It provides information about financial aid and financial literacy at no cost to students and parents. KHEAA also helps colleges manage their student loan default rates and verify information submitted on the Free Application for Federal Student Aid (FAFSA).

To learn more about those services, visit www.kheaa.com.

Storm Season Restoration Plan

Long before storm season, utilities develop response plans and options to mitigate damage and recover from destruction as quickly as possible. Experience from past storms helps in the planning process, and the ability to incorporate lessons learned ensures rapid recovery. Southwest Florida has had their fair share of storms, and Lee County Electric Cooperative (LCEC) restoration plans have been refined over the years.

Investment in systems and programs yearlong is aimed at reducing vulnerabilities. LCEC continually hardens the electric system by proactively inspecting, identifying potential problem areas and aging infrastructure, and repairing or replacing before the storm rolls in. Routine vegetation management helps to keep lines clear of trees and brush that could cause power outages.

No crisis can be managed without skill, knowledge, resources and patience. Every employee and LCEC vendor is on deck when the threat of a storm rears its ugly head. The restoration plan is practiced long before the first tracking model is published and many potential scenarios are considered. No storm is the same, and there is no way to know what each situation will bring. However, a plan for additional resources, places to feed and house them, extra fuel, additional inventory and equipment, communications, fleet maintenance and many other details are all proactively considered so that boots can be on the ground as quick as possible to restore

critical infrastructure and help the community get back to normal.

How can you help in the restoration process?

Developing a plan for your family or business is critical. Remaining safe and comfortable without power is not a thrill but it is possible. Practice your plan and implement it when needed. Be patient and trust that utilities and their people are working as hard as possible to restore service quickly. Use the information in this guide to make your life easier while they work.

Immediately after a major storm, there is no need to report an outage. Utilities will assess the damage and know where repairs are needed. After a few days, if you are the only one in your location without service, that is the time to contact your provider.

Work together as a community while

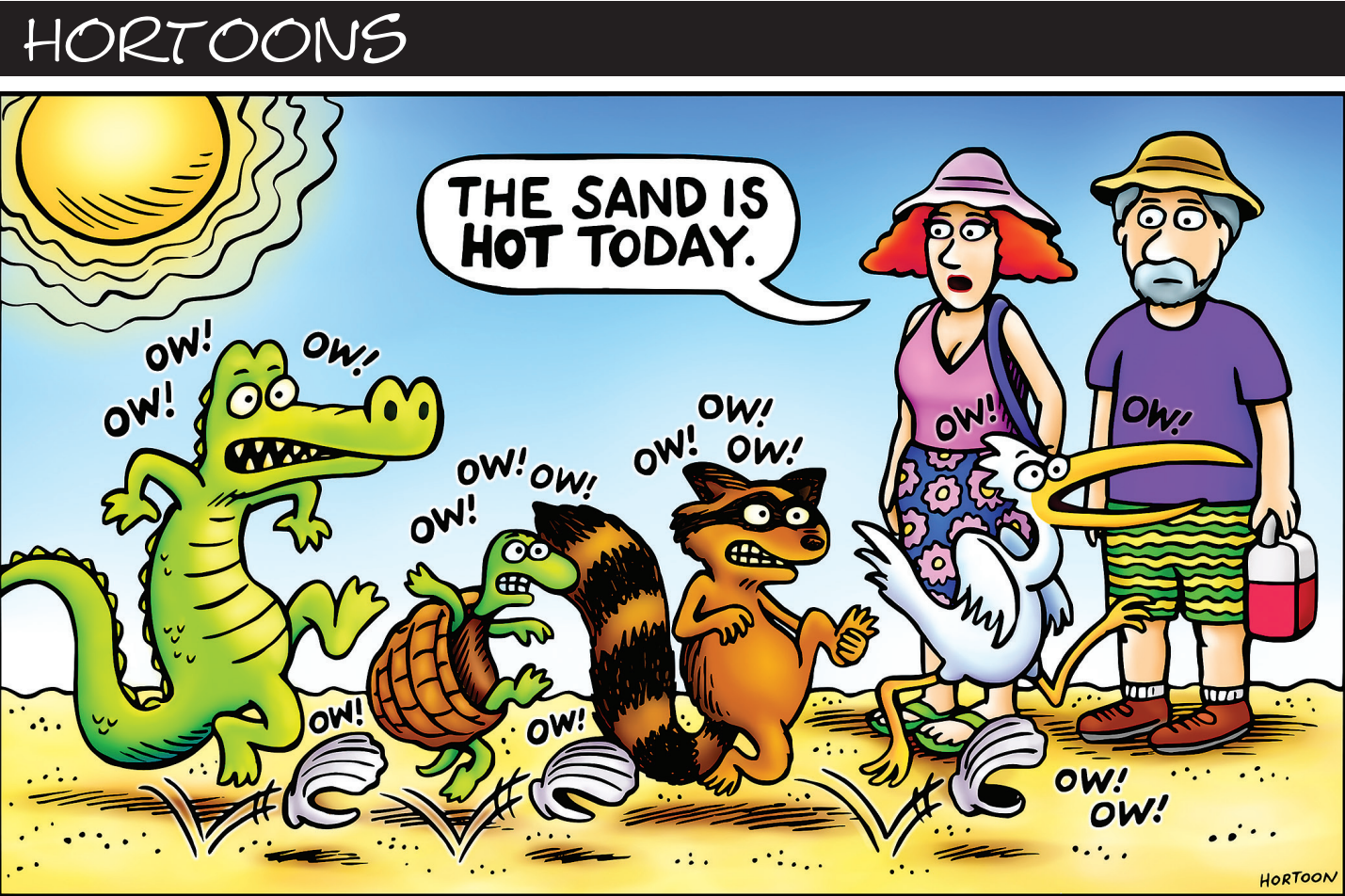
utilities focus on restoration. If you have power, offer assistance to others without. Offer encouragement and support to all emergency responders. As frustrated as you may be, remember they are away from their families and working under challenging conditions to help you get on with your lives.

ArtFest Fort Myers Environmental Funding Award

Lee County Electric Cooperative (LCEC) recently announced that it will provide ArtFest Fort Myers with a \$3,500 environmental funding award to support We Are Overflowing, a professional sculpture created from repurposed, discarded and cast-off materials.

ArtFest Fort Myers, which introduced We Are Overflowing in 2019 to spread awareness of upcycling, will be held the first weekend of February 2020 in downtown Fort Myers. For more information, visit www.artfestfortmyers.com.

To apply for an environmental funding award from LCEC, organizations can email pr@lcec.net to receive an application. The deadlines for 2020 award applications are March 15 and September 1. Interested organizations must meet certain criteria to be considered for the award including being located within LCEC service territory, funding utilized for projects/programs related to the environment and the utility industry, and having a demonstrated need for funds. This funding award is just one of the many ways that LCEC positively impacts and supports wildlife and the environment.



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Cape Coral	Cape Coral	2006	4,340	\$2,175,000	\$1,995,000	251
Fort Myers	Fort Myers	1969	3,713	\$1,979,000	\$1,800,000	41
Costa Amalfi	Miromar Lakes	2013	2,586	\$1,749,000	\$1,625,000	117
Sanctuary At Wulfert	Sanibel	2011	4,607	\$1,747,000	\$1,633,500	553
Rails End	Fort Myers	2018	3,697	\$1,700,275	\$1,892,510	174
Terabella	Fort Myers	2009	5,065	\$1,625,000	\$1,490,000	82
Cape Harbour	Cape Coral	2007	4,336	\$1,499,000	\$1,389,000	100
Siesta Isles	Fort Myers Beach	1987	3,087	\$1,225,000	\$1,180,000	60
Cape Coral	Cape Coral	1989	3,620	\$1,199,000	\$1,012,000	80
Lakewood	Fort Myers	2006	4,243	\$1,189,500	\$950,000	217

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